

## **Volunteer Ideas for Middle School Students (Spring 2024)**

<u>A Better Society/Project Life Cycle:</u> Assist with PLC events, become trained in bicycle repair and prepare donated bikes for distribution in the west metro (age dependent on activity).

To register as a volunteer, <u>click here</u> Contact: <u>info@abettersociety.org</u>

<u>Agate Housing & Services:</u> Create comfort and weather protection kits for families/individuals experiencing housing and food insecurity. Adopt-a-Meal allows families to make meals at home/on site to serve to clients (all ages).

To register as a volunteer, <u>click here</u> Contact: <u>abigail.abele@agatemn.org</u>

<u>Arc's Value Village:</u> Assist Arc's thrift stores in their donation centers. Help sort through donations and organize items for the store, help set-up holiday displays (age dependent on activity).

To register as a volunteer, <u>click here</u>

Contact: michellethesen@arcminnesota.org

<u>Bountiful Basket Food Shelf:</u> Assist Bountiful Basket Food Shelf in picking up donated food in Chaska and Chanhassen, and work at Chaska location sorting donations. Opportunities on weekdays and Saturday mornings & at special events (age dependent on activity).

To register as a volunteer, click here

Contact: volunteer@bountifulbasketfoodshelf.org

<u>Bridging:</u> Sort donations in the Bridging warehouse, help as a shopping assistant to clients, or assist with office work. Purchase and assemble dressers for clients moving into new homes. Collect items and prepare welcome <u>kitchen kits</u> (ages dependent on activity).

To register as a volunteer, <u>click here</u> Contact: <u>joel.bisser@bridging.org</u>

<u>Bunny Besties:</u> Assist with animal assisted therapy interactions in schools, senior centers, and outreach events. Help in the Bunny General Store (Minnetonka), with animal care, and with social media communication (age dependent on activity).

To register as a volunteer, hello@bunnybesties.org

Contact: jsmith@bunnybesties.org

<u>City of Shorewood & Shorewood Community Center:</u> Help city staff at park and community events. Be trained to be a student election judge, recreation staff, events staff, or seasonal worker (age dependent on activity).

To register as a volunteer, <u>click here</u> Contact: <u>cityhall@ci.shorewood.mn.us</u> <u>Courage Kenny Rehabilitation Institute:</u> Assist CK with inpatient and outpatient rehabilitation services for children and adults. Assist with swimming lessons, organized games, activities, or bring a pet to visit with patients (age dependent on activity).

To register as a volunteer, <u>click here</u>

Contact: CKRIvolunteerservices@allina.com

<u>Deephaven Woods (Deephaven)</u>: Entertain senior residents with a special talent, play games with residents, create art for residents, assist with parties/special events, and building-wide recycling (age dependent on activity).

Contact: katy.swanson@fairview.org

<u>Every Meal:</u> Provide healthy food/meals to children experiencing hunger. Pack food bags, assist in distribution of meals, and help in the Grow & Give Garden (age dependent on activity).

To register as a volunteer, click here

Contact: info@everymeal.org

<u>FamilyWise Services:</u> Create craft kits at home to be used by children who are affected by homelessness, substance abuse, or domestic violence (all ages).

To register as a volunteer, click here

Contact: volunteer@familywiseservices.org

<u>Feed My Starving Children (Chanhassen):</u> Pack meals for children around the world experiencing hunger (ages 5 and up, under 16 with an adult).

To register as a volunteer, <u>click here</u>

Contact: <a href="mailto:info@fmsc.org">info@fmsc.org</a>

<u>Free Geek (Minneapolis):</u> Assist in recycling technology parts and refurbish computers and other technology. Volunteers can work at Free Geek or at home (16 and older independently, under 16 with an adult).

To register as a volunteer, click here

Contact: volunteer information, 612-223-5967

<u>Good In The 'Hood:</u> Help sort and organize shoes for the <u>Shoe Away Hunger</u> program, assist staff with food distribution for their <u>Food Shelf in a Box or Food in the Hood</u> programs (ages 8 and up, under 16 with an adult).

To register as a volunteer, <u>click here</u> Contact: <u>info@goodinthehood.org</u>

<u>Greater Minnesota Crisis Nursery:</u> Cook a meal at home/on site for children staying at the crisis nursery, provide childcare, create snack kits, or lead an enrichment activity (music, indoor or outdoor games, craft, etc.). Times available on weekdays and some weekends and groups of 4 or more are encouraged (ages 18 and older independently, under 18 with an adult).

To register as a volunteer, <u>click here</u> Contact: <u>k.johnson@crisisnursery.org</u> <u>Habitat for Humanity Twin Cities:</u> Help build or repair a home with Habitat on a site. No construction experience is required. Assist with donations and merchandising at their Re-use Store (14 and older dependent on activity).

To register as a volunteer, <u>click here</u> Contact: <u>lizzy.reilly@tchabitat.org</u>

<u>Hammer Residences:</u> Provide adults with disabilities with opportunities for friendship through the Make-A-Friend-Be-A-Friend program, helping at special events, making and sharing meals, or helping with outdoor projects at group homes (age dependent on activity).

To register as a volunteer, <u>click here</u>

Contact: <a href="mailto:cthoma@hammer.org">cthoma@hammer.org</a>

<u>Havenwood Senior Living (Minnetonka):</u> Assist with memory care unit programming, provide support with music, crafts, creative projects, and social visits (ages 5 and up, under 16 with an adult).

Contact: Ifricke@havenwoodofminnetonka.com

Helping Paws, Inc: Act as a dog sitter for therapy dogs. Some training is required (under 18 with an adult).

To register as a volunteer, <u>click here</u> Contact: <u>cbosak@helpingpaws.org</u>

<u>Hennepin County Libraries:</u> Spend time in branch libraries helping with shelving and events (ages 12-18, depending on library).

To register as a volunteer, click here

Contact: Locations

<u>Humanity Allliance:</u> Help prep, prepare, and deliver meals to families in need. Volunteers prepare 5,000 meals weekly that are delivered to households weekly (all ages).

To register as a volunteer, click here

Contact: slange@humanityalliance.org

<u>Interfaith Outreach:</u> Create snack packs, hygiene kits, spice packs, repackage laundry detergent, plant a garden, work at the resource center (all ages).

To register as a volunteer, click here

Contact: awyatt@iocp.org

<u>Letters Against Isolation:</u> Write letters and create cards for seniors experiencing isolation and loneliness (all ages).

To register as a volunteer, <u>click here</u> Contact: lindsay.g.lai@gmail.com

<u>Loaves and Fishes (Multiple Locations)</u>: Help cook and serve meals at community meal sites (ages 8 and up, under 16 with an adult).

To register as a volunteer, click here

Contact: <a href="mailto:lmoening@loavesandfishesmn.org">lmoening@loavesandfishesmn.org</a>

<u>Lutheran Social Services:</u> Prepare a meal at home and deliver to a homeless shelter in the Twin Cities or make tie-blankets for children (all ages).

To register as a volunteer, click here

Contact: Metrohomelessyouth@lssmn.org

<u>Many Hands Many Meals:</u> Prepare life-saving meals to help with world hunger. Assist in packaging meals during packathons or private group events (ages 5 and older, under 14 with an adult).

To register as a volunteer, click here

Contact: mhmm@mountcalvary.org

<u>Minneapolis Toy Library:</u> Help clean, organize, and repair toys at a toy lending program for families of children ages birth to 5 years (all ages).

To register as a volunteer, <u>click here</u> Contact: <u>mplstoylibrary@gmail.com</u>

<u>Minnetonka Community Education:</u> Volunteer at community events (Youth Triathlon, Fall de tonka, Rake-a-Thon, Tour de Tonka, etc.) (age dependent on activity).

To register as a volunteer, click here

Contact: <a href="mailto:lauren.reidel@minnetonkaschools.org">lauren.reidel@minnetonkaschools.org</a>

Mt. Olivet Rolling Acres: Assist with resident birthday parties, chaperone outings, or share music or crafts. Share a talent or hobby with residents. Help with spring lawn clean-up, prepare a meal at home and deliver to a group home, or spend regular time (4-5 times a year) as a House Ally (ages 15 and older independently, under 15 with an adult).

To register as a volunteer, click here for information or click here to register

Contact: sahennes@mtolivet-mora.org

<u>MoveFwd:</u> Help at-risk and homeless youth by providing meals, collecting donations for the drop-in center, serve on the Youth Advisory Board, or plan awareness building events in the community (age dependent on activity).

To register as a volunteer, <u>click here</u> Contact: <u>skep@movefwdmn.org</u>

My Very Own Bed: Make fleece tie blankets, host a donation drive, make Dream Kits, or deliver beds to kids moving into sustainable housing (all ages).

To register as a volunteer, <u>click here</u> Contact: <u>info@myveryownbed.org</u>

Open Arms: Help make meals, deliver meals, and work on the organization's organic farm (ages 6 and up, under 16 with an adult).

To register as a volunteer, <u>click here</u> Contact: <u>antony@openarmsmn.org</u> <u>Opportunity Partners:</u> Share or teach a skill/talent, help at a special event, assist with yard clean-up, or engage in games or craft projects with young adults/adults with disabilities (age dependent on activity).

To register as a volunteer, <u>click here</u> Contact: <u>aboxer@opportunities.org</u>

<u>Pinky Swear Foundation:</u> Write encouraging letters and create uplifting artwork for pediatric patients being treated for cancer (all ages).

Contact: jessica.hansen@pinkyswear.org

<u>People Serving People:</u> Provide meals to families in the Minneapolis shelter. Create winter essentials packs, snack kits, activities kits, and execute donation drives (age dependent on activity).

To register as a volunteer, <u>click here</u>

Contact: volunteering@peopleservingpeople.org

<u>Prop Shop:</u> Work in the warehouse and help organize donations in the thrift shop. Create donation drives, create "Build-a-Kitchen packages, and bake occasionally for events that benefit local families in need (all ages).

To register as a volunteer, <u>click here</u> Contact: <u>Alicia@propshopep.org</u>

<u>Reach for Resources:</u> Your family/group can engage with people with disabilities in fun adaptive recreation programs and help with events (ages 8-17 with an adult).

To register as a volunteer, click here

Contact: <u>mfowler@reachforresources.org</u>

Ronald McDonald House Upper Midwest: Assemble snack kits, activity kits, or game night kits for families. Collect pop tabs, prepare a meal for families staying at RMH, or plan and host a birthday party for a guest (under 16 with an adult).

To register as a volunteer, click here

Contact: twelch@rmhc-uppermidwest.org

<u>Secondhand Hounds:</u> Help the shelter with intakes, special events, or with fostering a dog (age dependent on activity).

To register as a volunteer, click here

Contact: volunteering@secondhandhounds.org

<u>Second Harvest Heartland:</u> Assist with sorting, labeling, weighing, and packaging various food items for families experiencing food insecurity (ages 8 and up, under 16 with an adult).

To register as a volunteer, click here

Contact: info@2harvest.org

<u>Senior Community Services:</u> Help seniors with outdoor projects and technology support (ages 7 and up, under 16 with an adult).

To register as a volunteer, click here

Contact: scsvolunteer@seniorcommunity.org

<u>Sojourner Project:</u> Support the domestic violence facility with outdoor clean-up, organization of donation spaces, childcare, decorating, or donation drives (age dependent on activity).

To register as a volunteer, <u>click here</u>
Contact: <u>becca@sojournerproject.org</u>

<u>The Sandwich Project:</u> Help the SP make sandwiches (at home) for homeless and hungry people across the metro area. Sandwiches can be dropped off at various distribution points in the area (all ages).

To register as a volunteer, click here

Contact: info@thesandwichprojectmn.org

<u>The Glenn Senior Living (Minnetonka):</u> Assist residents with activities, crafts, bingo, etc. Take residents for a walk and provide one-on-one interaction. Connect virtually with our residents via sing-along, cooking demo, reading, musical performances, etc. (ages 7 and up, under 15 with an adult, all ages for virtual).

To register as a volunteer, <u>click here</u> Contact: <u>advorak@greatlakesmc.com</u>

<u>Three Rivers Parks-Lowry Nature Center:</u> Help with animal/reptile care or assist with special events at Lowry Nature Center (all ages).

To register as a volunteer, <u>click here</u>

Contact: volunteer@threeriversparks.org

<u>Trouvaille Memory Care (Excelsior):</u> Provide entertainment/enrichment for residents by providing musical performances, art demonstrations, skits, reading a story/poem, etc. Assist with preparing craft projects for daily activities and theme events (ages 7 and up, under 15 with an adult).

Contact: awebb@trouvaillehomes.com

<u>Walker Methodist:</u> Volunteers provide one on one visits with seniors, assist with outings, provide music and entertainment, and one on one music and memory work with seniors (age dependent on activity).

To register as a volunteer, click here

Contact: <u>ljrodewald@walkermethodist.org</u>

<u>WeCAN</u>: Volunteers assist with projects at WeCAN facility in Mound that serve housing and food insecure community members. Conduct donation drives (school supplies, winter clothing, holiday gifts), and assist at special events. Weekday and Tuesday evening hours available (16 and older, 16 and under with an accompanying adult).

To register as a volunteer, click here

Contact: volunteercoordinator@wecanmn.org

<u>YMCA of the North:</u> Assist with childcare, act as a lifeguard or swim instructor, or help at summer camps/after school programming activities (age dependent on activity).

To register to volunteer, click here

Contact: Lisa. Yahn@ymcamn.org

## **Additional Student/Family Volunteer Resources**

## Filter Great Options Based on Age or Interest on the Following Sites!



**Doing Good Together** 



**Hands On Twin Cities** 







## **President's Volunteer Service Award-AmeriCorps**

Minnetonka Public Schools offers students ages 5 and older the opportunity to receive the President's Volunteer Service Award (AmeriCorps). For more information on the application process, <u>click here</u>.

Questions? Need help connecting with volunteer opportunities? Contact Sarah Johnson, Community Service Specialist, <a href="mailto:sarah.johnson@minnetonkaschools.org">sarah.johnson@minnetonkaschools.org</a> or 952-401-5766