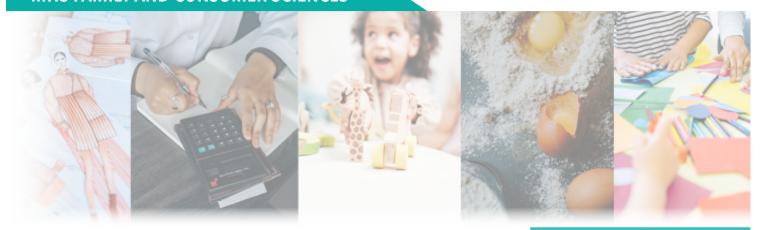
### MHS FAMILY AND CONSUMER SCIENCES



CULINARY ARTS • APPAREL CONSTRUCTION • FASHION DESIGN • INTERIOR DESIGN • CHILD DEVELOPMENT • PERSONAL DEVELOPMENT

#### **ABOUT FAMILY AND CONSUMER SCIENCES (FACS)**

Family and Consumer Sciences is an academic discipline that combines characteristics of social and natural science, as well as the arts. Family and consumer sciences deal with the relationship between individuals, families and communities. Classes represent many disciplines including consumer science, nutrition, culinary arts, parenting, early childhood education, family economics and resource management, human development, financial independence, interior design, textiles, apparel design and sewing, as well as other related subjects. Classes are taught as electives, and some may count as arts credits required for graduation. Courses assist students in the transfer of reading, writing and math to real life. The mission is to prepare students for family life, life in college and career life while educating students to identify and create alternative solutions to significant everyday challenges and to take responsibility of their actions in a global society.

# Read more about FACS Courses

Visit the Skipper Log at minnetonkaschools.org/SkipperLog to read descriptions of each FACS course.

#### CONTACT

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#### **COURSES OFFERED**

#### **Grades 9-12:**

- Apparel Construction I & II
- Culinary I & II
- Fashion Design
- · Interior Design
- Textiles & Applied Design

#### Grades 10-12:

• Child Development

#### Grades 11-12:

- CIS Exploring the Teaching Profession (VANTAGE)
- Independent Living
- Personal and Family Relationships

Turn over for course descriptions ▶

## **FACS Course Descriptions**

#### **CHART YOUR COURSE IN FACS**

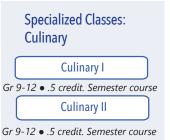
Have questions about which course is right for you? Talk to a family & consumer sciences instructor or visit minnetonkaschools.org/SkipperLog to read in-depth course descriptions.

#### **Specialized Classes: Apparel Construction**

**Apparel Construction I** 

Gr 9-12 ● .5 credit. Semester course Apparel Construction II

Gr 9-12 ● .5 credit. Semester course



#### Personal & Family:

**Child Development** 

Gr 10-12 • .5 credit. Semester course

Personal & Family Relationships

Gr 11-12 • .5 credit. Semester course

**Independent Living** 

Gr 11-12 • .5 credit. Semester course

#### Child Development

This course examines child development from conception to preschool age. Students will also receive experiential learning by observing and interacting with preschoolers at local preschools or within the classroom during Tonka Tykes Preschool. This class will encourage students to discover the main factors that affect human devel-

#### principles of food preparation and nutrition.

Culinary I

This is a course for an

the kitchen, this course

will give you the confi-

the culinary world.

dence to be successful in

Students will cover basic

**Culinary II: International Foods** 

aspiring chef or a novice in

This course explores connections between what we eat and cultures around us. Explore the historical timeline and geographical influences on the regional cuisine from the United States. Then, "travel" around the globe and learn about a variety of dietary customs, cuisines and cooking methods while preparing a variety of global food items.

opment at an early age.

#### **Personal & Family** Relationships

This course will help students develop skills in the area of interpersonal relationships and family life. Students will learn to identify healthy relationships and the strategies used to create and maintain them in all realms of life across the lifespan; including friendships, dating, partnership or marriage, workforce and more.

### **Art Credit**

**Fashion Design** 

Gr 9-12 • .5 credit. Semester course

Interior Design

Gr 9-12 ● .5 credit. Semester course

**Textiles & Applied** Design

Gr 9-12 • .5 credit. Semester course

#### Fashion Design

This course is a hands-on and project-based course. Students will learn the techniques of fashion sketching, mood board creation, draping and applying the elements and principles of design through various projects including a life sized newspaper dress creation.

#### **Interior Design**

Explore the field of Interior Design and learn how to use space, color and design to create beautiful environments. Projects will include both digital designs and hand drawn designs to plan and decorate rooms and showcase your creative side.

#### **Independent Living**

Learn strategies for a successful transition to life after high school. Explore areas of money management, insurance, housing, professionalism, and job interviewing skills.

clothing and fashion items. Learn sewing techniques and develop skills that are used in basic clothing

Apparel Construction I

This course is for the

student who has a passion

for fashion and apparel and

wishes to create their own

**Apparel Construction II** 

construction.

This course builds upon the techniques learned in Apparel Construction I as students construct a variety of individual garment projects. Challenge yourself with more advanced & technical skills used in clothing construction.

#### **Textiles & Applied Design**

This course offers individual opportunities for designing and constructing artistic textile projects. Be creative and learn by doing as you apply the principles and elements of design in your textile projects.

#### VANTAGE

CIS Exploring the **Teaching Profession** 

Gr 11-12 • .1.0 credit, full year course

#### **VANTAGE Education**

This course is for any student who has ever thought about becoming a teacher. It provides a deep look into the realm of teaching as career exploration. Successful completion of this course will also give students University of Minnesota credits through the CIS program. VANTAGE Education is a 2.0 credit course that provides 1.0 credit in FACS.