

MHS FAMILY AND CONSUMER SCIENCES



**CULINARY ARTS • APPAREL CONSTRUCTION • FASHION DESIGN •
INTERIOR DESIGN • CHILD DEVELOPMENT • PERSONAL DEVELOPMENT**

ABOUT FAMILY AND CONSUMER SCIENCES (FACS)

Family and Consumer Sciences is an academic discipline that combines characteristics of social and natural science, as well as the arts. Family and consumer sciences deal with the relationship between individuals, families and communities. Classes represent many disciplines including consumer science, nutrition, culinary arts, parenting, early childhood education, family economics and resource management, human development, financial independence, interior design, textiles, apparel design and sewing, as well as other related subjects. Classes are taught as electives, and some may count as arts credits required for graduation. Courses assist students in the transfer of reading, writing and math to real life. The mission is to prepare students for family life, life in college and career life while educating students to identify and create alternative solutions to significant everyday challenges and to take responsibility of their actions in a global society.

Read more about FACS Courses

Visit the Skipper Log at minnetonkaschools.org/SkipperLog to read descriptions of each FACS course.

CONTACT

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COURSES OFFERED

Grades 9-12:

- Apparel Construction I & II
- Culinary I & II
- Fashion Design
- Interior Design
- Textiles & Applied Design

Grades 10-12:

- Child Development

Grades 11-12:

- CIS Exploring the Teaching Profession (VANTAGE)
- Independent Living
- Personal and Family Relationships

*Turn over
for course
descriptions ►*

FACS Course Descriptions

CHART YOUR COURSE IN FACS

Have questions about which course is right for you? Talk to a family & consumer sciences instructor or visit minnetonkaschools.org/SkipperLog to read in-depth course descriptions.

Specialized Classes: Apparel Construction

Apparel Construction I

Gr 9-12 • .5 credit. Semester course

Apparel Construction II

Gr 9-12 • .5 credit. Semester course

Specialized Classes: Culinary

Culinary I

Gr 9-12 • .5 credit. Semester course

Culinary II

Gr 9-12 • .5 credit. Semester course

Personal & Family:

Child Development

Gr 10-12 • .5 credit. Semester course

Personal & Family Relationships

Gr 11-12 • .5 credit. Semester course

Independent Living

Gr 11-12 • .5 credit. Semester course

Art Credit

Fashion Design

Gr 9-12 • .5 credit. Semester course

Interior Design

Gr 9-12 • .5 credit. Semester course

Textiles & Applied Design

Gr 9-12 • .5 credit. Semester course

Apparel Construction I

This course is for the student who has a passion for fashion and apparel and wishes to create their own clothing and fashion items. Learn sewing techniques and develop skills that are used in basic clothing construction.

Apparel Construction II

This course builds upon the techniques learned in Apparel Construction I as students construct a variety of individual garment projects. Challenge yourself with more advanced & technical skills used in clothing construction.

Textiles & Applied Design

This course offers individual opportunities for designing and constructing artistic textile projects. Be creative and learn by doing as you apply the principles and elements of design in your textile projects.

Culinary I

This is a course for an aspiring chef or a novice in the kitchen, this course will give you the confidence to be successful in the culinary world. Students will cover basic principles of food preparation and nutrition.

Culinary II: International Foods

This course explores connections between what we eat and cultures around us. Explore the historical timeline and geographical influences on the regional cuisine from the United States. Then, "travel" around the globe and learn about a variety of dietary customs, cuisines and cooking methods while preparing a variety of global food items.

Child Development

This course examines child development from conception to preschool age. Students will also receive experiential learning by observing and interacting with preschoolers at local preschools or within the classroom during Tonka Tykes Preschool. This class will encourage students to discover the main factors that affect human development at an early age.

Personal & Family Relationships

This course will help students develop skills in the area of interpersonal relationships and family life. Students will learn to identify healthy relationships and the strategies used to create and maintain them in all realms of life across the lifespan; including friendships, dating, partnership or marriage, workforce and more.

Fashion Design

This course is a hands-on and project-based course. Students will learn the techniques of fashion sketching, mood board creation, draping and applying the elements and principles of design through various projects including a life sized newspaper dress creation.

Interior Design

Explore the field of Interior Design and learn how to use space, color and design to create beautiful environments. Projects will include both digital designs and hand drawn designs to plan and decorate rooms and showcase your creative side.

Independent Living

Learn strategies for a successful transition to life after high school. Explore areas of money management, insurance, housing, professionalism, and job interviewing skills.

VANTAGE

CIS Exploring the Teaching Profession

Gr 11-12 • .1.0 credit, full year course

VANTAGE Education

This course is for any student who has ever thought about becoming a teacher. It provides a deep look into the realm of teaching as career exploration. Successful completion of this course will also give students University of Minnesota credits through the CIS program. VANTAGE Education is a 2.0 credit course that provides 1.0 credit in FACS.