# LEARN • CONNECT • GROW



# MINNETONKA community education

Winter/Spring 2021

Classes for every member of the family

Youth Enrichment Page 22 Youth Recreation Page 31 Focus on Family Page 1 Minnetonka Music Academy Page 21

Adult Programs Page 2

## MinnetonkaCommunityEd.org • 952-401-6800

How we're keeping you safe... Your health is a top priority of Minnetonka Community Education and Minnetonka Public Schools. Learn more about the measures we're taking in our buildings to keep you safe.

In order to provide you with safe, quality classes and programs, our staff and instructors will be wearing masks and performing frequent hand washing. As an additional measure to keep you safe, all students and visitors will be asked to wear a face-covering upon entering our facilities. Hand sanitizer is available throughout our buildings. Hallways and stairwells are clearly marked as one-way traffic.

Additionally, we have taken the following measures:

- Promoting social distancing measures throughout our buildings and classrooms
- Installing plexiglass shields at front desk, reception areas and computer labs
- Reducing the number of students in classes and expanding our selection of virtual classes and kits
- Implementing additional sanitation processes to disinfect all rooms and surfaces
- Temperature monitoring of all staff and students upon entering buildings

Please note these guidelines will continue to be updated as we learn more from the Minnesota Department of Health (MDH). We will adjust accordingly.



# NEW! 2021TONKA WINTER CHASE

Saturday, January 23 10-11:30 am

Competing as teams of two - one adult and one child (grade 3-6) you and your partner will race through the challenging, exciting and chilly scavenger hunt course starting on the campus of the Minnetonka **Community Education Center** and exploring the beautiful city of Deephaven.

Learn more and register at MinnetonkaCommunityEd.org



## **MCE Administration Directory**

Registration/Reception9	52-401-6800
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Tim Litfin, Executive Director952-401-5043
Jenny Bodurka, Program Coordinator
Sally Blad, Preschool & ECFE Coordinator
Alexis Beckman, Office Assistant
Explorers Club Billing (Mary)

#### MCEC FRONT DESK HOURS

Mondays	8 am-6:30 pm
Tuesdays	8 am-6:30 pm
Wednesdays	8 am-6:30 pm
Thursdays	8 am-6:30 pm
Fridays	8 am-6:00 pm
Saturdays	8 am-1:30 pm

#### **REGISTRATION LINK:**





# Focus on Family

#### New! Virtual Adult & Child Cook-Alongs

New! During the live, interactive cook-along classes, your child will be the lead "cook" following along with the instructor and asking questions as she demonstrates the preparation of each recipe. Cooking is a great way for parents to bond with their kids - and for kids to gain independence and confidence.

#### Pizza Palooza - Homemade Pizza Cook-along!

Make your own pizza using homemade dough in a variety of ways. Menu includes: party pan pizza, stuffed crust and pizza pinwheels, or stuffed pizza rolls.

21-522-WONL7	\$29
Fri., Feb. 12	Virtual
5-6:30 pm	Tess Georgakopoulos

#### Cookie Magic

Make three different recipes: drop cookies, stuffed cookies and cookie pizza - all using the same cookie dough recipe!

21-522-WONL9	\$29
Thurs., Feb. 25	Virtual
5-6:30 pm	Tess Georgakopoulos

#### **Taco and Guacamole Friday**

Create a delicious meal the whole family can enjoy, including classic tacos made with natural ingredients and homemade guacamole.

21-522-WONL10	\$29
Fri., March 12	Virtual
5-6:30 pm	Tess Georgakopoulos

#### MMMmuffin Magic, Bake-Along & Colored Eggs

Learn how to dye eggs in the Instant Pot<sup>®</sup>, the foundations of baking muffins, and a no-bake spring dessert.

21-522-WONL15	\$29
Thurs., March 25	Virtual
5-6:30 pm	Tess Georgakopoulos

#### New! How to Talk to Children About "Real Food"

Children are bombarded with ads for foods that correlate with ADD, ADHD, allergies and common illnesses. We'll break it down to a few simple steps you can easily teach your kids about foods that make their bodies feel the best, sometimes foods, and foods to avoid.

21-521-W1	\$29
Tues., Jan. 26	MCEC
6-7 pm	Jackie Mart

#### New! Virtual Navigating the College Process in the COVID19 World

The complicated college admissions process just became more challenging for families in the wake of COVID19. Learn up-to-date info on relevant topics, including: changes in the college admission process, updates to ACT/SAT testing, and strategies to reduce the cost of college.

21-845-WONL1	\$35
Wed., Jan. 27	Virtual
7-8 pm	Chris Wills

#### New! How to Listen to Your Kids

Ever wonder what's really going on with your kid(s)? Wish you had a better relationship with your child(ren)? Learn the skills that encourage openness and honest conversations with your kids.

21-521-W2 Thurs., Feb. 25 6:30-8 pm

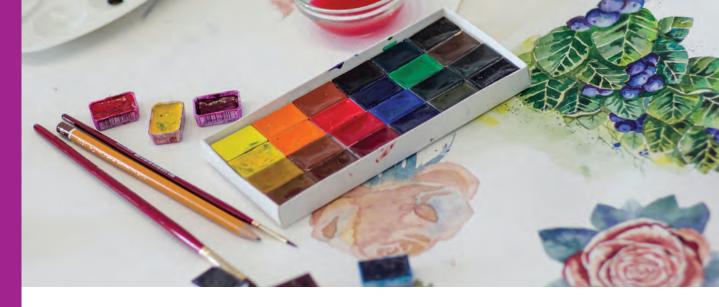
\$35 individual/\$45 couple MCEC

#### **New!** Valentine Adult & Child Painting Date

You will be led step-by-step in this fun class where you and your child will paint together. No experience necessary - this class is about spending quality time with your child and having fun.

21-521-W3	\$55 (add'l 2nd child \$15)
Fri., Feb. 5	MCEC
6-8 pm	Vanessa Merry

#### **Register for classes at** MinnetonkaCommunityEd.org



# Create

#### **New!** Painting Sampler Class

Have you always dreamed of being a painter? Are you curious about the different types of paint artists use? We will explore watercolors, oils and acrylic paints, discuss tools and supplies used with each and have fun with hands-on creating.

21-968-W9 Mon., Feb. 8 5:45-8:45 pm \$45 MCEC Vanessa Merry

#### New! Virtual Online Watercolor Painting

Learn to paint a beautiful scene in watercolors. Stepby-step instructions and discussion on dry brush work, wet-on-wet, and wet-on-dry are included as we work together in this online class.

#### Class meets: Jan. 21, Feb. 18, March 18, April 15, May 20

21-968-WI22 Thurs., Jan 21-May 20 12:30-2:30 pm \$95 Virtual Vanessa Merry

#### **New!** Beginning Watercolor

Let loose your inner artist! Learn step-by-step to paint quick and easy landscapes with watercolor, and the techniques needed for painting skies, backgrounds, foregrounds and trees. *No class Jan. 26, Feb. 9, 23.* 

21-968-WI21	\$115
Tues., Jan. 19-March 2	MCEC
12:30-2:30 pm	Vanessa Merry

#### **Beginning Acrylic Painting**

Learn the art of painting with acrylic in this beginners course designed for those who have never picked up a brush and those who have dabbled in acrylics but want to learn more. You'll learn by following practical demonstrations that will help build confidence while introducing the concepts, tools, and techniques required to create your own works of art.

21-968-WI20 Sat., April 10-May 1 9:30-11:30 am \$115 MCEC Vanessa Merry

#### **Bob Ross Landscape Oil Painting**

Enjoy this 3-hour class to paint your very own Bob Ross replica landscape painting on a 20 x 16 canvas. The relaxed and calm atmosphere will allow you to enjoy the step-by-step presentation to help you create your own masterpiece. Each session provides a different landscape which may feature mountains, trees, rivers, lakes and sunsets.

21-968-W4 Distant Mountains	\$85
Mon., Feb. 22	MCEC
5:30-8:30 pm	Michael Tischendorf
21-968-W6 Ocean Sunset	\$85
Mon., March 8	MCEC
5:30-8:30 pm	Michael Tischendorf
21-968-W7 Autumn Woods	\$85
Mon., April 12	MCEC
5:30-8:30 pm	Michael Tischendorf
21-968-W8 Moonlit Seascape	\$85
Mon., May 3	MCEC
5:30-8:30 pm	Michael Tischendorf

#### **New!** DIY Natural Spring Soaps

Make beautiful moisturizing sulfate-free melt 'n pour springs with rich natural oils in fresh phthalate-free floral, fruity and citrus fragrances you'll love. Grab your friends and family for a very special night out - perfect for the gardeners in your life, and of course Mom!

21-968-W3	\$49
Mon., May 3	MHS
6-9 pm	Raulla Mitchell

Additional ART appreciation classes in the lifelong learning section see pages 8-9

#### Register for classes at MinnetonkaCommunityEd.org

# adult programs - create

#### Intro to Glassblowing

Lampworking is a method of glassblowing using a fix mounted torch to melt and manipulate glass into a desired form. We will go over safety, the torch and glass, work on solid shaped objects and marbles, transitioning into multiple variations of pendants.

21-968-WI15	\$55
Thurs., Jan. 7	Skylab Glass Arts
6-9 pm	in Golden Valley
21-968-WI16	\$55
Tues., Jan. 19	Skylab Glass Arts
6-9 pm	in Golden Valley
21-968-WI17	\$55
Mon., Feb. 8	Skylab Glass Arts
6-9 pm	in Golden Valley
21-968-Wl18	\$55
Tues., Feb. 16	Skylab Glass Arts
6-9 pm	in Golden Valley

#### **New!** Beginner Glassblowing: Valentine's Pendant

This beginner level glass art class will take students through the basics of safety and operation of a torch and raw glass materials. Students will be able to make heart shaped and valentine's day themed pendants that make great gifts for someone special! This is an excellent class for couples as well.

21-968-WI19 Thurs., Feb. 11 6-9 pm

21-968-WI29 Sat., Feb. 13 6-9 pm

\$55 Skylab Glass Arts in Golden Valley

\$55 Skylab Glass Arts in Golden Valley

#### The Art & Craft of Floral Arranging

Learn the secrets of floral design to create everything from small arrangements to dramatic centerpieces. You'll learn how to condition cut flowers and how to select the best shapes and colors for an arrangement.

#### New! April Blues

21-968-WI12 Thurs., April 8 7-9 pm

\$79 MCEC Marie Raley

#### New! Mother's Day Spring Arrangement

21-968-WI13 Sat., May 8 11:30 am-1:30 pm \$85 MCEC Marie Raley

#### **SAORI** Weaving

SAORI is a contemporary hand weaving style founded in Japan. This zen, therapeutic method of free-style weaving without any rules or restrictions of what or how to weave can temporarily remove us from the stress of our daily lives.

21-968-WI10 Sat., Jan. 30 9 am-12 pm 21-968-WI11 Sat., April 24 9 am-12 pm

\$105 MCEC Chiaki O'Brien \$105

MCEC Chiaki O'Brien

\$55

MCEC

Jane Pears

#### Let's Knit

Knitting is a wonderful way to help reduce stress and anxiety and gives a feeling of accomplishment when you finish a project. Get ready for winter with these two fun and warm knitting projects. No knitting experience required; all supplies included.

#### New! Winter Hat

21-968-W1 Wed., Jan. 27 & Feb. 3 6-8 pm

**New!** Fingerless Mittens

21-968-W2 \$55 Wed., Feb. 17 & 24 MCEC 6-8 pm Jane Pears

#### New! Let's Knit A Mother's Day Gift

Nothing says "I love you" better than a handmade gift. Join us as we knit mom (or that special someone) a necklace for Mother's Day. No knitting experience required; all supplies included.

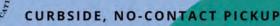
21-968-W5	\$45
Wed., April 21	MCEC
6-8 pm	Jane Pears



# creARTivity kits

#### **NEW KITS ADDED MONTHLY!**

DIY KIT INCLUDES ALL SUPPLIES & INSTRUCTIONS NEEDED TO COMPLETE EACH PROJECT.





#### **Dog Obedience & Behavior: Level 1**

Discover how to teach your dog self-calming, selfcontrol, attention and appropriate house and social manners. Learn to use the commands sit, down, stay, come and heel using both hand and voice signals.

21-708-WI10 Tues., Jan. 5-Feb. 9 6:15-7:15 pm

21-708-W8 Tues., Feb. 23-April 6 6:15-7:15 pm

21-708-W9 Tues., Feb. 23-April 6 7:30-8:30 pm

21-708-WI11 Tues., April 20-May 25 6:15-7:15 pm \$140 Excelsior Elem. Jennifer Wilmes

#### Dog Obedience & Behavior: Level 2

Continue improving your dog's skills on the basic obedience behaviors by adding distance, distraction and duration. We will also teach leave it, drop it and add a variation of heel. Extend your dog's skills to gain off-leash control and build confidence. Prerequisite: Completion of Level 1

21-708-WI12 Tues., Jan. 5-Feb. 9 7:30-8:30 pm \$140 Excelsior Elem. Jennifer Wilmes

21-708-WI13 Tues., April 20-May 25 7:30-8:30 pm \$140 Excelsior Elem. Jennifer Wilmes

Michael and Stephanie Gale and their family recently welcomed Newfoundland puppy, Luna into their home and signed her up for Dog Obedience and Behavior: Level One. Stephanie says, "The class exceeded my expectations and we made excellent progress on basic commands during the course. The trainer was very knowledgeable and the class size was just right to get individualized attention and ask specific questions. We regret not signing up for level 2 before the class filled up!"

#### New! Hybrid - Intro to Backyard Chickens

Thinking about keeping backyard chickens? This session will help you sort through key considerations including zoning rules, space needs, chicks v. pullets, regular care, eggspectations, and more.

21-595-W1 Thurs., Jan. 28 7-9 pm \$29 MCEC Kim Cramer

**Virtual** 21-595-W1ONL Thurs., Jan. 28 7-9 pm Kim Cramer \$29 Virtual/Live Streaming

Kim Cramer



#### Pet Parenting for First Time Dog Owners

Learn the secret to adding years to your pet's life; everything from leaving your pet home alone, bathing and brushing best practices, trends in pet food and nutrition, plus how to find the right vet. Bring your questions, but please leave your pet at home.

21-708-W1	\$39
Wed., Feb. 24	MCEC
7-8:15 pm	Kerry Gardner
21-708-W6	\$39
Tues., May 11	MCEC
7-8:15 pm	Kerry Gardner

#### Nail Trimming for Difficult or Fearful Dogs

Even if your dog hates having its paws touched, you can learn to turn nail trimming into an easy and tolerable experience for you both. This 6-week course teaches a new approach to nail trimming using basic behavioral training concepts & professional grooming techniques. *No class March 30.* 

21-708-W3	\$99*
Tues., March 23-May 4	MCEC
7-7:45 pm	Kerry Gardner
* A recommended nail trimr purchase for \$50	ming kit is available for

#### **Grooming Tips & Tricks for Dog Owners**

Skin & coat play a big part in your pet's overall health and comfort. Learn about different coat types and how to manage them with the right tools and techniques, what to look for in a shampoo, how often to bathe and more.

21-708-W2	\$39
Mon., April 19	MCEC
7-8:15 pm	Kerry Gardner

#### New! Cat Care Tips to Get the Most Out of Those "9 Lives"

Cats are pretty easy pets to keep, but did you know they need enrichment too? Learn about some of the ways you can bond with your kitty, including walks on a leash, and health and grooming tips to foster a longer, healthier life for your feline.

21-708-W5	\$39
Mon., Feb. 1	MCEC
7-8:15 pm	Kerry Gardner

#### **New!** Grooming Tips & Tricks for Cat Owners

Even short-haired cats need some grooming, but if you have a long-haired cat, you'll learn game-changing techniques to help keep mats and hairballs at bay. We'll talk about tools, learn the ingredients to look for and avoid in shampoo, and how nutrition affects your cat's skin and coat.

21-708-W4 Thurs., March 18 7-8:15 pm \$39 MCEC Kerry Gardner

Register for classes at MinnetonkaCommunityEd.org

#### **Terms and Conditions:**

**Cancellation Notice:** Participants will be notified if there is a change in the date/location of the class or if the class is canceled. MCE confirms registrations via email with participants who share their email addresses during the registration process.

**Checks with insufficient funds, declined debit cards, credit cards and ACH payments:** All returned checks, declined or invalid credit cards and ACH payments will be charged a \$15 fee.

**Refund Policy:** Generally, full refunds are given when MCE cancels a class. Unless otherwise noted online, refunds (less a \$10 cancellation fee), will be given when a participant cancels a registration at least five business days before the start date of the class. Partial refunds will be considered if injury or serious illness occurs. (Please note: Minnetonka Preschool, ECFE, Explorers Club, Basketball, Ski and Snowboard Club, TdT, Firecracker, Mud Run, Youth Tri, Aquatics and other programs have separate refund policies. See our website for details.)

**Data Privacy:** Your privacy is important to us. The registration information you provide to MCE is considered private data under state and federal law. We use the information you provide for the purposes of administering the activity and to contact you about upcoming activities. While you may choose to withhold this information, there may be consequences that could limit the distribution of information to the participant (e.g., no team roster or class list). Access to your contact information is limited to individuals involved in the activity.

**Participation Waiver:** I hereby release Minnetonka Community Ed and any other organizations, cities or individuals associated with this program from any responsibility for injuries or damages that I may sustain as a result of my participation.

**Photo Consent:** Unless you notify MCE in writing, photos taken within MCE classes, programs, activities, and events may be included in MCE publications and websites.

**REGISTRATION LINK:** 





# Money Matters

#### **New!** Income Taxes in Retirement

Learn how the decisions you make when preparing for retirement can affect your income taxes, the financial impact you may face due to recent tax changes, and how to make the decisions that are right for you.

21-851-W2	\$19 individual/\$25 couple
Tues., Jan. 12	MCEC
5-6 pm	Derek Strong

#### New! Planning a Legacy for your Disabled Dependent

If you have a child/dependent with special needs, this course will provide you with important information on how to prepare your legacy, including: establishing a special needs trust, designating beneficiaries for your assets, availability of government benefits and how to create a plan.

21-851-W3	\$25 individual/family
Wed., Jan. 27	MCEC
6-7 pm	Derek Strong

#### **New!** Charitable Planning Strategies

Are there people and organizations you want to help financially? In this workshop, you'll learn strategies around supplementing an endowment fund, leaving an inheritance and leveraging charitable tax strategies.

21-851-W4	\$19 individual/\$25 couple
Tues., Feb. 2	MCEC
6-7 pm	Derek Strong

#### From Me to We

Designed to help couples create a financial future together. Discover how to establish a solid financial foundation and partnership for marriage, identify values and attitudes about money, set goals (individually and as a couple), and discover tools to help achieve those goals.

21-851-W1	\$19 couple
Tues., March 9	MCEC
6-7 pm	Derek Strong

#### New! Virtual Introduction to Stock Options

If you've ever wanted to learn how to evaluate, buy, sell, and profit from stocks, this course is for you. You will be armed with investment tools that were once thought to be only for the pros!

\$95 instructor-led or \$115 self-paced Sessions starting monthly Register online at www.ed2go.com/mtkace

#### Virtual Savvy Social Security Planning

Social Security decisions that partners make in their 60s will determine the amount of total income received over their lifetime. Learn information that can help married couples get more out of the Social Security system.

21-851-WONL6	\$19 individual/\$25 couple
Thurs., Jan. 28	Virtual
6:30-8:30 pm	Robert Davis

#### Virtual Life After Work: Planning for Retirement

What do you need to think about as you transition from work life to retired life? This enlightening class will get you thinking about your next phase of life and what you need to do to prepare for it.

21-851-W7	\$19
Thurs., Feb. 18	Virtual
6:30-8:30 pm	Robert Davis

#### **Recession Survival Guide**

The word "recession" has been used frequently over the last year. Learn what a recession is including how often they occur, how to prepare, and how it impacts you and your family's personal finance.

21-851-W9	\$19 individual/\$25 couple
Thurs., April 22	MCEC
6:30-8:30 pm	Robert Davis

#### **Estate Planning Solutions**

Explore and understand Wills, Trusts, Health Care Directives & Powers of Attorney. You'll learn ways to avoid probate. Discussion of common mistakes will help you avoid unwanted consequences.

21-851-WONL5	\$19 individual/\$25 couple
Tues., Feb. 23	MCEC
6:30-7:30 pm	Bonnie Wittenburg

#### New! Virtual Save Money with Extreme Couponing

Extreme couponing can save you hundreds or even thousands of dollars each year! In this comprehensive workshop you'll learn how/where to find the best coupon apps and websites, how to match coupons with sales for maximum savings, and more.

21-851-WONL1	\$25
Thurs., April 1	Virtual
6-7 pm	LeeAnne Krusemark



#### **New!** How Buying/Selling a Home has Changed with COVID

This update for the future seller OR buyer is updated monthly to reflect changes in practice for essential services, home pricing and trends, and new adaptations in marketing to accommodate safety measures.

21-509-W9	\$19
Wed., Feb. 10	MCEC
6:30-7:30 pm	Renée Wilson
21-509-W10	\$19
Wed., May 5	MCEC
6:30-7:30 pm	Renée Wilson

#### **New!** Staging Your Home: Updated

This is a fun, visual, interactive course to help you understand the difference between home improvements and staging, and what you can do on your own before bringing in a professional.

21-509-W7	\$19
Tues., Jan. 12	MCEC
6:30-7:30 pm	Renée Wilson
21-509-W8	\$19
Tues., April 13	MCEC
6:30-7:30 pm	Renée Wilson

#### New! What to Know Before You **Buy a Condo-Updated!**

Understand what association fees include, association rules, and learn special financing and insurance considerations when buying into a condo. This course has been updated to include the impact of COVID on association living.

21-509-W11	\$19 individual/\$25 couple
Thurs., March 18	MCEC
6:30-7:30 pm	Renée Wilson

#### New! Hybrid Planting for Pollinators

Did you know 35% of our food supply depends on pollinators? Discover plants that go beyond "pretty" to feed pollinators. Share tips on favorite plants, where to purchase, and the pretty pollinators that show up to nosh on their nectar.

21-509-WI11	\$29
Thurs., April 29	MCEC
7-8:30 pm	Kim Cramer
Virtual 21-509-WONL6	\$29
Thurs., April 29	Virtual/Live Streaming
7-8:30 pm	Kim Cramer

#### New! Hybrid Front Yard Gardening

A front yard garden can be a beautiful and bountiful addition to your home. Learn a bit of everything you need to know to get you started; from the practical (zoning), to the whimsical (design), to planting seeds.

21-509-WI10	\$29
Thurs., Feb. 25	MCEC
7-9 pm	Kim Cramer
Virtual 21-509-WONL5	\$25
Thurs., Feb. 25	Virtual/Live Streaming
7-9 pm	Kim Cramer

#### New! Virtual Growing, Harvesting & **Enjoying Herbs**

Take the mystery out of growing, harvesting and storing herbs. Learn how these easy-to-grow plants can be used in landscaping for variety, pollination, cooking, decorating, and more!

21-509-W4ONL	\$19
Tues., May 25	Virtual
6-7:30 pm	Master Gardener

#### New! Virtual Growing Vegetables in Containers: A How-To Guide

Whether you are challenged by lack of garden space, or want vegetables within an easy reach, most food plants can be grown in containers as easily as decorative plants. Learn about the benefits and best practices of growing vegetables and other food plants in containers.

21-509-W3ONL	\$19
Wed., April 21	Virtual
6-7:30 pm	Master Gardener

#### New! Virtual Nature Heals

Humans are innately linked to nature and other forms of life. As a gardener, you've experienced this feeling and that is why you are drawn towards working with plants. Explore where this intrinsic draw came from and the science behind humans and nature. Discuss how to use gardens and gardening to improve overall health and wellbeing.

21-509-W1ONL	\$19
Sat., Feb. 6	Virtual
11 am-12 pm	Master Gardener
21-509-W2ONL	\$19
Wed., March 11	Virtual
7-8 pm	Master Gardener

#### New! Virtual The Evolving Garden

Change in the garden is inevitable-but environmental and personal events trigger the desire or need for more change. Learn creative responses and practices to implement that require low maintenance, yet create beautiful and functional gardens.

21-509-W5ONL	\$19
Thurs., April 1	Virtual
6-7:30 pm	Master Gardener

#### **New!** Make and Take: **DIY Natural Cleaning Products**

Replace your supermarket cleaning supplies with just a few inexpensive all-natural ingredients and pure, organic essential oils. In this hand-on class, you'll make three allnatural cleaning products to safely, economically and effectively clean and disinfect your home!

21-509-W6 Wed., April 14 6-7 pm

\$39 MCEC Jackie Mart



# Lifelong Learning

#### New! Virtual Contemporary Art: Styles, Ideas and Artists

Explore contemporary art practices starting in the 1950's and continuing today by studying the iconic works of artists such as Andy Warhol, Cindy Sherman, Jeff Koons, Damien Hirst, Grayson Perry and many others.

21-845-W5	\$25
Wed., March 10	Virtual
6-7:30 pm	Selen Ozakhun

#### New! Virtual Contemporary Sculpture: From Mid-20th Century to Present Day

Explore innovative and experimental contemporary sculpture practices starting in the 1950's and continuing today by studying the works of artists such as Claes Oldenburg, Jasper Johns, Eva Hesse, Maurizio Cattelan, Ron Mueck and Katharina Fritsch.

21-845-W6	\$25
Wed., March 24	Virtual
6-7:30 pm	Selen Ozakhun

#### New! Virtual Modern Art: Movements, Masterpieces and Artists

Learn about major art movements including Impressionism, Cubism, Surrealism, Dada, and Abstract Expressionism. Explore and discuss some of the key works of Claude Monet, Salvador Dali, Van Gogh, Henri Matisse, Picasso and Jackson Pollock.

21-845-W4	\$25
Sat., Feb. 6	Virtual
10-11:30 am	Selen Ozakhun

#### New! Virtual Modern Sculpture: From Impressionism to Mid-20th Century

Learn about the most influential and famous sculptors from Impressionism to mid-20th century such as Auguste Rodin, Umberto Boccioni, Henry Moore, Man Ray and Alexander Calder. Explore the major art movements associated with unique styles and sculptures of these artists.

21-845-W3		
Sat., Feb. 20		
10-11:30 am		

\$25 Virtual Selen Ozakhun

#### New! Virtual An Evening with Jodi Livon: Everybody Must Get Stones

Stones are conduits for moving energy. Learn how they can beautifully enhance your intuition, help you find your balance, and boost your mood. Insight into popular stones as well as intuition-building techniques will be shared. Jodi will conduct readings of randomly chosen audience members.

21-845-WONL2	\$29
Thurs., April 22	Virtual
6:30-8:30 pm	Jodi Livon

#### New! Let it GO!

For those of us who live in a world filled with deadlines, demands, and disappointments, is "letting go" even possible? This class is an easygoing, fun event to dip your toe in the history, science, art, and potential benefits of loosening up. What have you got to lose?

21-845-WI10	\$19
Tues., Jan. 26	MCEC
6:30-7:30 pm	Renée Wilson

# New! Virtual Navigating the College Process in the COVID-19 World

The complicated college admissions process just became more challenging for families in the wake of COVID19. Learn up-to-date info on relevant topics, including: changes in the college admission process, updates to ACT/SAT testing, and strategies to reduce the cost of college.

21-845-WONL1 Wed., Jan. 27 7-8:30 pm \$35 Virtual Chris Wills



# adult programs - lifelong learning

#### New! Writing for Television Workshop, Part I

This unique 4-week course is one of two television writing classes designed for creative aspiring writers with no prior experience, as well as those with screenwriting experience wishing to break into television writing. Learn in an interactive environment the basics of creating, writing, and presenting your first television script for drama and/or comedy, including how to take your idea to the next step and create a complete half-hour or onehour television script.

21-845-WI11	\$199
Wed., Feb. 3-24	MCEC
10 am-12 pm	Robert Kaprall

#### New! Writing for Television Workshop, Part II

Continue to develop your writing as you delve deeper into individual projects, helping you structure concepts into scripts ("calling scrips"). Gain an understanding of pitch materials, including concepts/presentation/sizzle reels. By end of session you'll have all tools necessary to pitch your non-scripted ideas and shoot your own sizzle reels.

21-845-WI12	\$199
Wed., March 3-24	MCEC
10 am-12 pm	Robert Kaprall

#### New! Everything about Chinese Tea

Enjoy a discussion on the Chinese tea ritual, tea culture, and the tastes and benefits of tea varieties. Class includes a demonstration on the art of brewing tea.

21-845-W1\$39Wed., March 17MCEC6:30-8:30 pmJane Niu

# New! Exploring Chinese Customs and Ancient Philosophies

Discover the basics of Chinese ancient philosophical doctrines and views about life, happiness, success, universe and health.

21-845-W9 Mon., May 3 6:30-8:30 pm \$39 MCEC Jane Niu

#### New! Film Appreciation Introduction: How Movies Work

Plan for an entertaining and educational evening, where you'll explore aspects of film and film appreciation. During this six-week series, you'll gain an understanding of the elements that comprise a film: directing, cinematography, editing, sound, screenwriting and acting. A different film will be viewed and discussed each week.

 21-845-W8
 \$119 individual/\$169 couple

 Wed., Feb. 3-March 10
 MCEC

 6:30-9:30 pm
 Gregory Berry

#### **New!** Film Appreciation Series: Genres

Enjoy an educational evening as you delight in classic movies from some of your favorite genres—crime/ thriller, horror, sci-fi, and comedy. During this fourweek series you'll examine what makes a "genre" movie, explore whether they are really so very different, or if you can find common threads running through all film genres. *No class March 31*.

21-845-W2	\$79 individual/\$119 couple
Wed., March 24-April 21	MCEC
6:30-9:30 pm	Gregory Berry

## New! Film Appreciation Series: Ways of Reading Film

Film scholars look at movies in very different ways from the casual viewer. Take a fascinating look at some of those perspectives and deepen your appreciation for what is possible to get out of movies (and watch several great movies in the process). You will never watch movies the same way again!

21-845-W7	
Wed., May 5-26	
6:30-9:30 pm	

\$79 individual/\$119 couple MCEC Gregory Berry

#### Register for classes at MinnetonkaCommunityEd.org

## Minnesota Starwatch Program with Mike Lynch Tuesday, March 23, 7:30-9:30 pm • Clear Springs Elementary

Learn about and watch the great celestial show in the skies over Minnetonka. Get to know the constellations and use large telescopes for close up views of our universe! Weather permitting we'll also use an astronomical camera-telescope system for extraordinary views of our more distant universe.



# Career & Professional Development

\$299

Virtual

#### New! Virtual Contact Tracer Training Program

According to the Medscape Coronavirus Resource Center, at least 44 states have begun expanding their contact tracing workforce. Learn the information and skills necessary for employment as a contact tracer in this one-month online course. Learn how to build rapport with cases, identify their contacts, and support both cases and their contacts to stop transmission in their communities. The course will also cover ethical considerations, including HIPAA, cultural sensitivity and diversity surrounding contact tracing.

21-899-WONL1 21-899-WONL2 21-899-WONL3 21-899-WONL4 21-899-WONL5

Jan. 4-29 Feb. 1-26 March 1-26 April 5-30 May 3-28

#### 48 Days to the Work You Love

Find a new perspective on your job opportunities. The interactive class shows you how to think differently about your career option. Work through the application guide and complete the comprehensive personality profile.

21-569-W4	\$199
Tues., Feb. 2-March 9	MCEC
6:30-8:30 pm	Vicki Dillon

#### New! Virtual Using Social Media in Business

In today's globally connected environment, social media is a game changer for businesses. Whether you're a social media novice or a seasoned veteran, this course will give you a solid foundation in social media marketing and using it to grow your business.

\$95 instructor-led or \$115 self-paced Sessions starting monthly Register online at www.ed2go.com/mtkace

#### **New!** Now Hiring!

Learn about the recent updates in resume writing, how to use and navigate job websites, the importance of a LinkedIn profile, how to understand applicant tracking systems, virtual interviewing tips and how to handle salary negotiations.

21-569-W2	\$29
Thurs., Feb. 25	MCEC
6:30-8:30 pm	Vicki Dillon
21-569-W5	\$29
Tues., April 6	MCEC
6:30-8:30 pm	Vicki Dillon

#### New! Virtual Earn Extra \$Money\$ Mystery Shopping

Begin a new career in the exciting field of mystery shopping. Learn how to sign up with legitimate mystery shopping companies without fees, avoid pitfalls and scams, create a required mystery shopping resume and profile, and take care of legalities and taxes regarding this income.

21-569-WONL2 \$25 Virtual Mon., March 29 LeeAnne Krusemark 6-7 pm

#### New! Virtual Writing for Online Blogs, Magazines and Websites

You don't need a journalism degree or previously published articles to write for online blogs, magazines or websites. In this fast-paced session, you'll learn how to: find ideas, sources, and more than 1,000 opportunities that pay, conduct interviews and create interesting content, protect your copyright, and more.

21-569-WONL3 Wed., March 31 6-7 pm

\$25 Virtual LeeAnne Krusemark

# Culinary

#### Visit bit.ly/adultculinary to see upcoming virtual cooking classes:

Virtual Instant Pot<sup>®</sup> 101 LIVE! New! Virtual Instant Pot<sup>®</sup> LIVE! Make-Ahead Freezer Meals New! Virtual Grab & Go Make Ahead Breakfasts **New! Virtual Cook Alongs** 

- Pizza Palooza
- Escape to the Mediterranean
- New! Virtual Instant Pot<sup>®</sup> Cook-Alongs
- Chili & Corn Bread
- Pasta! Pasta! Bread!
- Homemade Falafel & Mediterranean Wraps
- **BBQ the Whole Year Through!**

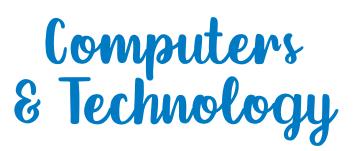
#### Virtual Valentine's Cookie Decorating Kit

Learn how to decorate Valentine's Day cookies like a pro! We'll provide everything you need to decorate your cookies, as you follow the step-by-step virtual instruction by baking professional, Annette Conrad (Edible Impressions): 8 cut out signature-recipe sugar cookies, 4 Valentine's-themed shapes, 3 royal icing colors, 3 sets of decorative sprinkles and sugar, 2 paint brushes, Virtual Instruction on Wednesday, February 10th, 6:30-7:30 pm: "Learn the Art of the Decorated Cookie"

Ordering deadline: Thursday, January 28, 2021

21-522-FAONL1 Pick up Mon. Feb. 8 2-6 pm

\$49/\$40 additional kit MCEC



## Now is a great time to brush up on your computer skills!

Course	Date	Time	Location	Course Number	Fee
Access: Level 1	Fri., Feb. 26	9 am-12 pm	MCEC	21-738-WI16	\$69
Access: Level 2	Fri., March 5	9 am-12 pm	MCEC	21-738-WI19	\$69
Events Level 1	Fri., Jan. 29	9 am-12 pm	Virtual*	21-738-W3	\$69
Excel: Level 1	Mon., April 12	9 am-12 pm	MCEC	21-738-WI30	\$69
Excel: Level 2	Fri., Feb. 5	9 am-12 pm	Virtual*	21-738-W6	\$69
Excel. Level 2	Mon., April 19	9 am-12 pm	MCEC	21-738-WI32	\$69
Excel Pivot Tables and Dashboards	Wed., Feb. 24	9 am-12 pm	MCEC	21-738-WI20	\$69
Canala Drive and Canala Anna	Mon., Feb. 8	9 am-12 pm	Virtual*	21-738-WI10	\$69
Google Drive and Google Apps	Fri., April 30	9 am-12 pm	Virtual*	21-738-WI28	\$69
	Mon., Feb. 1	9 am-12 pm	MCEC	21-738-W8	\$69
Introduction to PowerPoint	Fri., April 23	9 am-12 pm	MCEC	21-738-WI21	\$69
Learn How to Use Zoom	Wed., Jan. 13	9 am-11 am	Virtual*	21-738-WI21ONL	\$59
Photoshop Elements: Level 1	Wed., Feb. 3	9 am-12 pm	MCEC	21-738-W4	\$69
Photoshop Elements: Level 2	Wed., Feb. 10	9 am-12 pm	MCEC	21-738-W7	\$69
QuickBacks	Fri., Feb. 19	9 am-12 pm	MCEC	21-738-WI39	\$69
QuickBooks	Mon., March 29	9 am-12 pm	MCEC	21-738-WI40	\$69
Using Voice Recognition on Your Computer	Fri., May 7	9-11 am	MCEC	21-738-FA30	\$59
Marsh Lavel 1	Wed., Jan. 20	9 am-12 pm	Virtual*	21-738-W2	\$69
Word: Level 1	Wed., March 10	9 am-12 pm	MCEC	21-738-WI14	\$69
Word: Level 2	Wed., Jan. 27	9 am-12 pm	Virtual*	21-738-W5	\$69
	Wed., March 17	9 am-12 pm	MCEC	21-738-WI17	\$69

#### For more class details and to register, visit bit.ly/mceadulttech Private or small-group computer training available. Call 952-401-5055 for information.

Courses marked **Virtual\*** will require the student to have either a computer with microphone and webcam, or smart phone. Virtual classes will be hosted using Zoom.

# Register for classes at MinnetonkaCommunityEd.org

# CPR & First Aid

#### Heartsaver CPR & AED

#### Ages 12 and up

This American Heart Association class teaches CPR and Airway Obstruction, as well as the use of an Automated External Defibrillator (AED) for adults, children and infants.

#### Classroom

21-CPR-W6 Mon., Feb. 1 9 am-12 pm 21-CPR-W7

Tues., March 2 4-7 pm

21-CPR-W8 Thurs., April 22 4-7 pm

21-CPR-W9 Mon., May 17 9 am-12 pm MCEC Lori Wessin \$65 MCEC Lori Wessin \$65

\$65

MCEC Lori Wessin

\$65 MCEC Lori Wessin

#### Virtual Blended Learning

Complete the majority of your coursework online (at your own pace), then finish your course in the classroom with our Instructor.

21-CPR-WI15BL Tue., March 16 9-10:30 am

21-CPR-WI16BL Tue., March 16 11 am-12:30 pm

21-CPR-WI17BL Thurs., May 20 3:30-5 pm

21-CPR-WI18BL Thurs., May 20 5:30-7 pm \$65 MCEC Lori Wessin

\$65 MCEC Lori Wessin

\$65 MCEC Lori Wessin

\$65 MCEC Lori Wessin

#### Basic Life Support (BLS) for Healthcare Providers

Designed for healthcare professionals, this class provides the BLS certification that is required in the healthcare industry. Training includes CPR, use of an AED, Airway Obstruction and Ambu bag in simulated clinical scenarios.

21-BLS-W1	\$80
Tues., Feb. 23	MCEC
3:30-7:30 pm	Lori Wessin

#### **First Aid**

In this American Heart Association class, learn a plan of action to recognize and deal with unconsciousness, bleeding, broken bones, head, neck and back injuries, and sudden illness including stroke, diabetic emergencies, seizures, fainting and poisoning.

21-FA-W1	
Tues., May 11	
9 am-12 pm	

\$65 MCEC Lori Wessin

#### Pediatric CPR & First Aid Ages 12 and up

This American Heart Association course is designed to meet the regulatory requirements for childcare workers. Learn how to respond to and manage illnesses and injuries in a child or infant until professional help arrives.

\$95

\$95

\$95

\$95

\$95

MCEC

MCEC

MCEC

MCEC

MCEC

Lori Wessin

Lori Wessin

Lori Wessin

Lori Wessin

Lori Wessin

#### Classroom

21-CPR-W1 Thurs., Jan. 14 9 am-2 pm

21-CPR-W2 Mon., Feb. 22 9 am-2 pm

21-CPR-W3 Mon., March 22 9 am-2 pm

21-CPR-W4 Tues., April 13 9 am-2 pm

21-CPR-W5 Thurs., May 6 9 am-2 pm

#### Virtual Blended Learning

Complete the majority of your coursework online (at your own pace), then finish your course in the classroom with our Instructor.

21-CPR-WI11BL Tues., Feb. 16 9-10:30 am

21-CPR-WI13BL Tues., Feb. 16 11 am-12:30 pm

21-CPR-WI12BL Thurs., April 15 3:30-5 pm

21-CPR-WI14BL Thurs., April 15 5:30-7 pm \$95 Virtual/MCEC Lori Wessin

\$95 Virtual/MCEC Lori Wessin

\$95 Virtual/MCEC Lori Wessin

\$95 Virtual/MCEC Lori Wessin

Lori Wessin

#### **Tot Saver**

#### (Infant & Child CPR Non-Certification) Ages 12 and up

An important skill for anyone caring for infants and small children. Learn life-saving techniques to prevent, recognize and respond to cardiac and breathing emergencies with infants and small children.

21-TSCPR-W1 Thurs., Feb. 18 6-7:30 pm	\$30 individual \$50 couple MCEC Lori Wessin
21-TSCPR-W2	\$30 individual
Mon., April 19	\$50 couple
6-7:30 pm	MCEC



#### Virtual 55+ Defensive Driving

Learn defensive driving techniques that can help prevent accidents. Adults 55 and older can save 10% on car insurance premiums in MN by completing this course. No written or behind-the-wheel test required.

20-664-WIONL10	\$29
Mon., Feb. 15-22	Virtual
8:30 am–12:30 pm	Minnesota Safety Council
20-664-WIONL11	\$29
Wed., March 10-17	Virtual
4:30–8:30 pm	Minnesota Safety Council
20-664-WIONL12	\$29
Thurs., March 18-25	Virtual
8:30 am–12:30 pm	Minnesota Safety Council

#### 55+ Defensive Driving Refresher

If you have taken a state-approved 8-hour defensive driving course (55+) in the past, you can renew your 10% car insurance discount by taking this 4-hour refresher course.

21-664-WI10	\$25
Mon., Feb. 1	MCEC
12:30-4:30 pm	Minnesota Safety Council
21-664-WI11	\$25
Tues., March 16	MCEC
8:30 am-12:30 pm	Minnesota Safety Council
21-664-WI12	\$25
Mon., April 26	MCEC
5:30-9:30 pm	Minnesota Safety Council

#### **New!** Before and After the Funeral

After a loved one dies, family members are bombarded with questions and decisions that must be made before the funeral, and afterwards to settle the deceased's estate. Learn when probate is necessary, and the steps that you can expect in settling the deceased's affairs.

21-664-W9 Tue., April 13 6:30 - 8:00 pm \$19 individual/\$25 family MCEC Bonnie Wittenburg

#### Planning Your Personal Life After Retirement -What Do You Do Now?

Most people plan for the financial side of retirement, but often don't focus on the personal side. Explore the personal life-planning questions you need to ask yourself and/or discuss with your spouse or partner before you retire.

\$25 individual/\$45 couple

\$25 individual/\$45 couple Family Learning Center

Family Learning Center

Vicki Dillon

Vicki Dillon

21-664-W8 Thurs., Feb. 11 & 18 6:30-8:30 pm

21-664-WI15 Tues., April 13 & 20 6:30-8:30 pm

## Virtual The Day After Retirement

What will your life look like once you don't answer the call of the alarm clock? What can you do in advance to plan for a positive transition into retirement? Learn how to embrace the changes inherent in retiring, explore a

variety of ways to identify what is significant to you, and

establish a purpose-filled life in retirement. 21-664-WONL1 Wed., Feb. 17 6-7:30 pm

\$25 Virtual Mary O'Brien

#### New! Virtual Create Your Health Care Directive

Who would speak for you if you couldn't speak for yourself? Advanced Care Planning is a process that identifies what is most important to you concerning quality of life and living. This class will prepare you to develop a Health Care Directive, a written document which describes your choices.

21-664-WONL2 Wed., March 10 1-2:30 pm

\$25 Virtual Mary O'Brien



# Health & Wellness

9-11 am

#### **New!** Introduction to Moving Meditation with Chakradance

This sampler class will introduce you to Chakradance, a dynamic moving meditation that encourages you to dance for self-discovery and enjoy an energetic workout to music. Balancing chakras leads to many benefits, including better relationships, confidence and selfesteem, emotional health, creativity, and heightened inspiration and clarity.

21-545-WI16	\$25
Mon., Jan. 4	MCEC
5:30-7 pm	Amanda Boots

#### **New!** Moving Meditation with Chakradance

Chakradance is a dynamic moving meditation that encourages people to dance for self-discovery and to enjoy a fun energetic workout to great music. There are seven main chakras; these centers of energy may be under or overactive. Balancing them leads to many benefits, including better relationships, improved confidence and self-esteem, emotional health, enhanced creativity, and heightened inspiration and clarity. But the biggest benefit of all is the absolute freedom to be vourself! No class Jan. 18, Feb. 1, 15.

21-545-WI15	\$149
Mon., Jan. 11-March 22	MCEC
5:30-7 pm	Amanda Boots

#### **New!** Chakras: A Beginner's Guide

Gain an understanding of the 7 main chakras and how they physically, mentally, emotionally and spiritually are intertwined and affect your life. Experience a short meditation going into each of the chakras, giving you the opportunity to experience your own unique energy within each.

21-545-W8	\$45
Mon., March 22	MCEC
6:30-8:30 pm	Lily McNamara

#### New! Virtual A Fresh Start to the New Year -**Resolution Free!**

Rise and shine in 2021! We'll lead you through movement and reflection to acknowledge, appreciate and release the past year. Prepare for easy dynamic movement and surprising self-discoveries designed to refresh and ready you for what's ahead.

21-545-W1ONL	\$39
Sat., Jan. 16	Virtual
10-11:30 am	Amber Huttner &
	Mary Olk

#### **New!** Sleep: The Food/Brain Connection

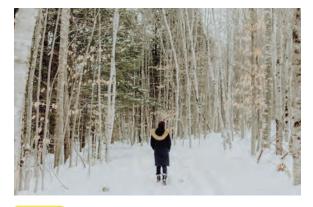
Tired of not sleeping? Learn the basis of sleep, including your sleep/wake cycles, how cortisol levels affect sleep, foods that could be hindering your zzz's and ways to improve your sleep.

#### Shinrin Yoku - Forest Bathing

You will be guided on an immersive, meditative, and therapeutic forest walk based on the Japanese practice of Shinrin Yoku. Slow down and connect your senses to the healing, stress-reducing beauty of a little-known corner of Minneapolis' green forested spaces.

21-545-W2	\$45
Sat., Jan. 23	Westwood Hills Nature Center
9-11 am	David Motzenbecker
21-545-W3	\$45
Sun., Feb. 14	Westwood Hills Nature Center
9-11 am	David Motzenbecker
21-545-W4	\$45
Sat., March 13	Westwood Hills Nature Center
9-11 am	David Motzenbecker
21-545-W5	\$45
Sun., April 18	Westwood Hills Nature Center
9-11 am	David Motzenbecker
21-545-W6	\$45
Sat., May 15	Westwood Hills Nature Center

Westwood Hills Nature Center David Motzenbecker



#### Virtual Metabolism Boosters & Busters

By revving up your metabolism, you can burn more calories, lose fat, boost energy, feel stronger and more fit. In this class, you will learn 20 SIMPLE things you can do every day to boost your metabolism and burn as much as 30% more calories.

21-545-WONL2	\$29
Thurs., Feb. 11	Virtual
6-7:30 pm	Janice Novak, MS

#### Virtual Acupressure to Relieve Stress, Anxiety & Insomnia

Acupressure is an ancient healing art that can offer great relief and help you feel your best. Learn specific points to help relieve stress, insomnia, weight gain, and every system in your body.

21-545-WI12	\$29
Thurs., Feb. 18	Virtual
6-7:30 pm	Janice Novak, MS

21-545-W1 Wed., Feb. 24 6-7 pm

\$29 MCEC Jackie Mart

#### Makeup Bootcamp for Women 40 and Better

When was the last time you updated your makeup and beauty regimen? What about your hair color? Join this "boot camp" to update your look with tips and techniques for ageless beauty. Learn about a variety of products, application, and the latest trends in makeup and skin care.

Virtual 21-545-WONL11	\$35
Tues., Feb. 9	Virtual
7-9 pm	Julie Sherman
24 5 45 14/142	* <b>- -</b>

21-545-WI10 Fri., April 9 7-9 pm \$35 MCEC Julie Sherman

#### New! Virtual Alignment and Immunity

Learn how the alignment of your spine and targeted strengthening and stretching exercises can enhance your immunity. We'll combine chiropractic science and body movement to give you another tool to help keep you healthy.

21-545-WI13ONL	\$29
Fri., April 9	Virtual
9-10 am	Amber Huttner &
	Marc Hope

#### New! Virtual Take Charge of Your Health

The coronavirus is a rapidly spreading disease for which there is no vaccine or natural immunity. Learn what you can do to stay healthy and safe and help your immune system, improve sleep, and improve overall health with simple tips such as breathing exercises, nutrients, and pressure points.

21-545-WONL3	\$29
Wed., March 10	Virtual
6-7:30 pm	Janice Novak, MS

#### Hypnosis for Weight Loss, Smoking/Tobacco/Vaping Cessation

Try hypnosis in a group as a tool to lose weight and/ or stop smoking. Both of these classes include a free reinforcement CD and lifetime membership card which allows participants to attend future classes for free. Participants can sit or lay down for the hypnosis portion of the class.

**Weight Loss Class** - Stop your cravings, stop snacking, and overeating. Get motivated to exercise, increase willpower and self-confidence. Suggestions are given that will help you eat the type and quantity of foods that are beneficial in losing weight and then maintaining your desired weight.

#### Stop Smoking/Chewing Tobacco/Vaping Class -

If you have a desire to quit, hypnosis can help you stop immediately without withdrawal, cravings and weight gain. You can stop smoking after just one session!

21-545-W9 Tues., Jan. 19 5:45-8:45 pm \$75 weight loss \$75 smoking cessation \$125 for both classes MCEC Dr. Mary Fischer



Meet Carli Kody ... Dr. Kody is a licensed psychologist specializing in resilience. She is a Certified Daring Way™ Facilitator (CDWF), trained in Dr. Brené Brown's research.

#### New! Daring Greatly™: Skills for Courageous Living Based on the Research of Dr. Brene Brown

Seeking deeper connection, greater accountability or a more meaningful life? Examine the thoughts, emotions, and behaviors that are holding you back from realizing your goals, and identify the new choices and practices that will move you toward more authentic and wholehearted living. The primary focus is on developing shame resilience skills and developing daily practices that transform the way we live, love, parent, and lead. Join Dr. Kody for this Daring Greatly<sup>™</sup> workshop and show up, be seen, and live braver in your life!

21-545-WI18	\$145
Mon. & Tues., March 22-23	MCEC
9 am-12:30 pm	Carli Braun Kody,
	Ph.D., L.P., CDWF

#### New! Be Kind to YOUrself: Evidence-Based Self Care Strategies for Parents and Caregivers

Parenting and caring for family members during the Covid-19 pandemic takes a lot of energy. You can be the most loving, devoted, responsible person and find yourself feeling utterly exhausted, like you have nothing left for yourself. Join Dr. Carli Kody for this relaxing, selfcare workshop and learn evidence-based strategies for caring for yourself.

21-545-WONL6	\$59
Sat., Feb. 27	Virtual
9-11 am	Carli Braun Kody,
	Ph.D., L.P., CDWF

#### New! Rising Strong<sup>™</sup>: Show Up for Your Life!

Boost your everyday courage and learn skills for showing up braver in your life! In this two-session workshop, Dr. Carli Kody will teach the Rising Strong<sup>™</sup> methodology based on the research of Dr. Brené Brown. Rising Strong<sup>™</sup> is about what it takes to get back up after challenges and hurts.

21-545-WI17	\$145
Fri., April 16 - 1:30-5 pm &	MCEC
Sat., April 17 - 9 am-12:30 pm	Carli Braun Kody

## Register for classes at MinnetonkaCommunityEd.org



#### Swing & Ballroom: Let's Begin

Learn the East Coast Swing, Hustle, and Waltz. Reviewing the previous week's dance steps will help you feel comfortable on the dance floor.

21-712-W1	¢20 individual/¢70 courses	licen	
	\$39 individual/\$70 couple		
Tues., Feb. 2-23	MCEC	21-712-W2	\$39 individual/\$70
6:30-7:45 pm	Jay Dudding	Tues., Feb. 2-23	MCEC
		7:45-9 pm	Jay Dudding
21-712-W9	\$39 individual/\$70 couple	·	
Tues., April 13-May 4	MCEC	21-712-W110	\$39 individual/\$70
6:30-7:45 pm	Jay Dudding	Tues., April 13-May 4	MCEC

#### Swing & Ballroom: Let's Continue

Continue to perfect and review your East Coast Swing, Hustle and Waltz dance steps, as it is a key element in helping students relax, learn and experience success.

21-712-W3	
Tues., March 2-9	
6:30-8 pm	

21-712-WI11 Tues., May 11-25 6:30-7:45 pm

\$29 individual/\$40 couple
MCEC
Jay Dudding

\$29 individual/\$40 couple MCEC Jay Dudding

#### Latin Dance: Let's Begin

Learn the most popular Latin dances including the Rumba, Salsa, Cha-Cha, Tango and Samba. This Latin class is just plain fun and will get you onto the dance floor

21-712-W2	\$39 individual/\$70 couple
Tues., Feb. 2-23	MCEC
7:45-9 pm	Jay Dudding
21-712-W110	\$39 individual/\$70 couple
Tues., April 13-May 4	MCEC
7:45-9 pm	Jay Dudding

#### **First Wedding Dance**

Wow your guests with your first dance. Get your feet moving to the Waltz, East Coast Swing, Rumba, and Hustle. Bring the whole family so you will all be comfortable on the dance floor.

21-712-WI12	\$59 couple
Tues., May 11-25	MCEC
7:45-9 pm	Jay Dudding

# Ready for a move?

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# Fitness & Recreation

#### Virtual Pilates for Buff Bones® - Live Streamed

Pilates for Buff Bones® is a medically-endorsed, full body workout for bone strengthening and balance, using Pilates, strength training, functional movement, and rehabilitative exercise. No class Feb. 16, Feb. 18, March 8, 9, 11.

21-694-W6ONL Mon., Jan. 11-March 22 8:30-9:30 am

21-694-W7ONL Tues., Jan. 12-March 23 4:30-5:30 pm

21-694-W8ONL Thurs., Jan. 14-March 25 8:30-9:30 am

21-694-W9ONL Mon., April 5-May 24 8:30-9:30 am

21-694-WI10ONL Tues., April 6-May 25 4:30-5:30 pm

21-694-WI110NI Thurs., April 8-June 3 8:30-9:30 am

\$109 Virtual Nancy Maple Ellsworth

\$109 Virtual Nancy Maple Ellsworth

\$109 Virtual Nancy Maple Ellsworth

\$99 Virtual Nancy Maple Ellsworth

\$95 Virtual Nancy Maple Ellsworth

\$109 Virtual Nancy Maple Ellsworth

#### Virtual Mindful Mat Pilates - Live Streamed

Pilates workouts promote strength and balanced muscle development, as well as flexibility and increased range of motion for the joints. This class will also include mindful breathing and stretch and release work to calm the mind and body. No class Feb. 9, 18, March 9, 11, April 29.

\$109

21-694-W3ONL Tues., Jan. 12-March 23 8:30-9:30 am

Thurs., Jan. 14-March 25

21-694-W4ONL

21-694-WI12ONL

21-694-WI13ONL

Tues., April 6-May 25

Thurs., April 8-May 20

4:45-5:45 pm

8:30-9:30 am

4:45-5:45 pm

Virtual Nancy Maple Ellsworth

\$109 Virtual Nancy Maple Ellsworth

\$99 Virtual Nancy Maple Ellsworth

\$69 Virtual Nancy Maple Ellsworth

#### Virtual Gentle Flow Yoga with Amber -Live Streamed

Gentle Yoga will guide you skillfully through your yoga poses and teach you alignment to connect those poses to the movement of your breath, creating a balance between relaxation and physical challenge. You'll stretch and strengthen all the major muscles to help you move more freely and easily in your body. You'll experience a cool down and a guided relaxation at the end of class, leaving you feeling refreshed and ready for whatever comes your way.

21-503-WI20ONI Mon., Jan. 11-Feb. 15 4:30-5:30 pm

21-503-WI21ONL Mon., Feb. 22-March 22 4:30-5:30 pm

21-503-WI22ONL Mon., April 12-May 17 4:30-5:30 pm

#### Virtual Yoga for You - Live Streamed

Stronger, stretched-out and calm-when you feel better, everything is better! You'll be lead on a journey to help you cultivate good alignment, mindfulness and the joy of being in your body. Every class offers you a wealth of technique and inspiration to improve and expand your

Wed., Jan. 13-Feb. 17 9-10 am

21-503-WI12ONL Wed., Jan. 13-Feb. 17 5:30-6:45 pm

21-503-WI10ONL Wed., Feb. 24-March 24

21-503-WI13ONL Wed., Feb. 24-March 24 5:30-6:45 pm

21-503-WI11ONL Wed., April 7-May 12 9-10 am

21-503-WI14ONL Wed., April 7-May 12 5:30-6:45 pm

Amber Huttner

\$69 Virtual Amber Huttner

## For Sale - Premium Yoga Mats

Order your yoga mat online at bit.ly/mceyogamat and pick up your mat at the Minnetonka Community Education Center before your class. Mats are \$19 and come in a variety of colors. Mats are 1/4" thick and 74" long.





current practice. 21-503-W9ONL

\$69

Virtual

\$69 Virtual Amber Huttner

Amber Huttner

\$69 or \$95 household

\$59 or \$85 household

\$69 or \$95 household

Amber Huttner

Amber Huttner

Amber Huttner

Virtual

Virtual

Virtual

\$59 Virtual

Amber Huttner

\$59 Virtual

\$69 Virtual Amber Huttner





#### **Traditional Yoga**

The methodical pace of this class allows students to explore postures and gain confidence with their practice. Intentional breathing and relaxation techniques are incorporated throughout, promoting a more balanced mindset. Suitable for all skills levels.

21-503-W1 Tues., Jan. 5-Feb. 16 6-7 pm

21-503-W2 Thurs., Jan. 7-Feb. 18 6-7 pm

21-503-W3 Tues., Feb. 23-April 6 6-7 pm

21-503-W4 Thurs., Feb. 25-April 1 6-7 pm

21-503-W5 Tues., April 27-May 25 6-7 pm

21-503-W6 Thurs., April 29-May 27 6-7 pm

#### **TGIF Lunchtime Yoga**

Connect with friends and friendly faces as a Friday lunchtime treat! Use gentle yoga, guided meditation, and affirmations to relax, rejuvenate, and celebrate TGIF. Move your body to release stress, touch base with your true purpose, and remember what an amazing individual you are. No prior yoga experience or special clothing required. *No class April 2.* 

21-503-WI16 Fri., Jan. 8-Feb. 26 11:45 am-12:30 pm

21-503-WI17 Fri., March 12-May 7 11:45 am-12:30 pm \$79/\$12 drop in MCEC Elizabeth Mann

\$79/\$12 drop in MCEC Elizabeth Mann

\$79/\$12 drop in MCEC Elizabeth Mann

\$69/\$12 drop in MCEC Elizabeth Mann

\$59/\$12 drop in MCEC Elizabeth Mann

\$59/\$12 drop in MCEC Elizabeth Mann

\$89/\$12 drop in

\$89/\$12 drop in

MCEC

MCEC

Kim Cramer

Kim Cramer

#### Mindful Movement Yoga

Melt away tension from your body and mind through gentle movement, attention to the breath, and a return to your whole self. Pauses allow you to observe and shift patterns in your movement and thinking. Attention to places where sticky spots tend to accumulate (feet, hips, low back, neck, and shoulders) builds resilience and mobility. Techniques pulled from disciplines beyond yoga bring fresh perspective and challenges. Beginners and intermediate yogis alike will leave renewed and radiant! *No class April 2*.

21-503-W7 Fri., Jan. 8-Feb. 26 10-11 am

21-503-W8 Fri., March 12-May 7 10-11 am Kim Cramer \$89 MCEC

\$89 MCEC

Kim Cramer

#### Virtual Yoga Nidra

7:30-8:30 pm

Try out yoga nidra in this introductory class. Yoga nidra seeks to guide you to the state of consciousness between waking and sleeping, where the body may deeply relax while the mind stays inwardly alert. In this space your brain can rewire negative thought patterns and reinforce new, healthy ones.

21-503-WI10 \$15 Virtual Thurs., Jan. 14 7:30-8:30 pm Kim Cramer 21-503-WI11 \$15 Virtual Thurs., Feb. 11 7:30-8:30 pm Kim Cramer 21-503-WI12 \$15 Thurs., March 18 Virtual 7:30-8:30 pm Kim Cramer \$15 21-503-WI13 Thurs., April 15 Virtual

Register for classes at MinnetonkaCommunityEd.org

Kim Cramer



#### **Cardio Dance Jam**

Spice up your workout and start to crave cardio. Our expert instructor guides you through simple versions of Latin dances (salsa, merengue, reggaeton, and cumbia.) This class is fun and accessible for dancers of all levels. All dances can be modified to low or high impact. No class Jan. 18.

21-781-WI10 Mon., Jan. 11-March 22 9:30-10:30 am

21-781-WI11 Wed., Jan. 6-March 24 9:30-10:30 am

21-781-WI12 Mon., April 12-May 24 9:30-10:30 am

21-781-WI13 Wed., April 14-May 26 9:30-10:30 am

\$75/\$15 drop in MCEC Laurie Sigel \$75/\$15 drop in

\$105/\$15 drop in

\$125/\$15 drop in

Virtual

Virtual

Laurie Sigel

Laurie Sigel

MCEC Laurie Sigel

#### **Dance & Yogalates Combo**

Shake up your workout-engage every part of your body, feel empowered, refreshed, and cared for. Class begins with 30 minutes of easy-to-follow, fun, fire-youup cardio dance followed by 30 minutes of a blend of yoga and pilates. No class Feb. 12.

21-781-W8 Fri., Jan. 8-March 19 9:30-10:30 am

Virtual Laurie Sigel & Jaime Pellegrene

\$175/\$20 drop in

21-781-W9 Fri., April 9-May 28 9:30-10:30 am

\$135/\$20 drop in MCEC Laurie Sigel & Jaime Pellegrene

#### **Zumba - Fitness Disguised as Fun**

Join us for a one-hour full-body workout disguised as fun! You will work all major muscle groups and get a great aerobic workout while getting lost in the music. No class March 27, April 3.

\$69

21-781-W1 Sat., Jan. 23-Feb. 27 10:30-11:30 am 21-781-W2

MCEC Jessica Thull \$69 MCEC Jessica Thull

Virtual Kettlebells

Sat., March 6-April 24

10:30-11:30 am

Kettlebells are great for both cardio and strength, using every muscle from your feet, calves, hamstrings, glutes, lats and shoulders.

\$109

Virtual

21-791-WONL5 Wed., Jan. 6-Feb. 24 10:45-11:30 am

21-791-WONL6 Wed. March 3-April 14 10:45-11:30 am

Lisa Beth Terrell \$109 Virtual Lisa Beth Terrell

#### Virtual Strictly Strength

Begin with mobility prep work, stretching and warm-up to improve range of motion, then move on to practices that focus on increasing core and grip strength and improve the range of motion in our joints. No class March 31.

21-791-W7 Wed., Jan. 6-April 14 9:30-10:15 am

21-791-W8 Fri., Jan. 8-March 19 9:30-10:15 am

\$185 MCEC Lisa Beth Terrell \$145

Virtual Lisa Beth Terrell

#### **New!** Beginner Recreation Archery

Archery improves concentration, physical fitness and is a lot of fun! Learn technique, rules, scoring, history, etiquette and equipment care. All skill and ability levels welcome. Coached by NASP certified instructors. All equipment provided.

21-680-W1	\$79
Wed., Feb 10-March 17	MMW
7-8 pm	Drew Zoromski
21-680-W2	\$79
Fri., April 7-May 12	MMW
7-8 pm	Drew Zoromski

#### **New!** Women's Winter Hiking Group

Explore Minnesota trails together in the winter and discover the beauty of our Minnesota winters. Learn about outdoor dressing for MN winters, and footwear options for icy trails.

21-680-W1A Fri., Feb 5-26 11 am-12 pm \$10 Lake Minnewashta Park Lisa Beth Terrell

Lisa Beth Terrell

# **Enroll your** young child in a Minnetonka Preschool class in the New Year!

**Openings** are available for three- to fiveyear-olds in 2020-21 preschool classes. Both in-person and virtual options are available.

\$10 Lake Minnewashta Park

21-680-W1B Fri., Feb 5-26 12-1 pm

#### **Women's Beginner Tennis**

Enjoy learning tennis skills with other women. This class will provide a full-body workout while improving your agility. Equipment is provided. *No class March 30, April 6.* 

21-881-W5 Tues., Jan. 12-Feb. 16 2-3:30 pm 21-881-W6 Tues., Feb. 23-April 13

2-3:30 pm

\$159Minnetonka Tennis ClubMatt Makis/Scott Swanson\$159Minnetonka Tennis ClubMatt Makis

#### Advanced Beginner Tennis Lessons for Women

This class is for women with some tennis experience who would like to take their play to the next level. Learn to sustain longer rallies, improve your serve and your volleys. Refresh your tennis vocabulary and improve your techniques. *No class Jan. 18, March 29, 31, April 5, 7.* 

21-881-W2 Wed., Jan. 6-Feb. 10 2-3:30 pm \$159 Minnetonka Tennis Club Matt Makis/Scott Swanson

21-881-W4 Wed., Feb. 24-April 14 2-3:30 pm \$159 Minnetonka Tennis Club Matt Makis/Scott Swanson

### Kung Fu and Tae Kwon Do See page 40 for details

#### Women's Beginning Intermediate Tennis (Level 2.5/3.0)

Step up into introductory match play, explore match play strategy components and focus on tennis skill development. Designed for those that have completed or mastered skills of Advanced Beginners Tennis. *No class March 31, April 7.* 

21-881-W7 Wed., Jan. 13-Feb. 17 11 am-12:30 pm

21-881-W8 Wed., Feb. 24-April 14 11 am-12:30 pm \$159 Minnetonka Tennis Club Scott Swanson

\$159 Minnetonka Tennis Club Scott Swanson

Do you have amazing skills, a hobby or area of expertise you'd like to share with others? *Come learn what it takes in this free class!* 





Patti Jo, Brette & Traci www.TheHermannGroup.com 952-475-4912

The Hermann Group Helping You Find a Place to Anchor



a Berkshire Hathaway affiliate

# Minnetonka Music Academy

#### Preschool Piano Lessons Ages 4-6

Start your child's musical journey with Minnetonka Music Academy! Eight 30-min or 45-min weekly private lessons take place at the Minnetonka Community Center on Tuesday and Thursday mornings. Our piano teachers have experience in teaching young children and use books especially written for young beginners.

#### Winter Session

01-380-Preschool-Winter-30	\$250
30 minute lesson - 8 weeks	MCEC
01-380-Preschool-Winter-45	\$375
45 minute lesson - 8 weeks	MCEC
Spring Session 01-380-Preschool-Spring-30 30 minute lesson - 8 weeks	\$250
SO MINUTE JESSON - O MEEKS	MCEC

#### Virtual Parent & Child Preschool Piano Lessons Ages 4-6

Start your child's musical journey together with us! Our professional piano instructors have experience in teaching parents and young children. We use books specially written for young beginners. Eight, weekly 30-minute lessons are scheduled during the weekday.

#### Winter Session (classes start the week of Jan. 18)

01-380-PP Winter	\$250
30 minute lesson - 8 weeks	Virtual

#### Spring Session (classes start the week of April 6)

01-380-PP Spring \$250 30 minute lesson - 8 weeks Virtual

#### Private Music Lessons - School Year Ages 6 and up

Online lessons in piano and brass instruments are available. Please call 952-401-6846 for more information.

#### Virtual Elementary Fiddlers Grade 5

Calling all second-year orchestra students! Join the Virtual Minnetonka Elementary Fiddlers and have fun learning traditional fiddle music. *No class Feb. 12, March 5, April 2.* 

01-384-EF	\$120
Fri., Jan. 22-April 16	Virtual
3:45-4:45 pm	

#### Register for classes at MinnetonkaCommunityEd.org



#### schmittmusic.com

#### Minnetonka Philharmonic Chamber Orchestra Grades 6-8

Learn symphonic music and challenge yourself to the next level of performance as a member of the Minnetonka Philharmonic Chamber Orchestra. Middle school level orchestra students may audition through their school orchestra teachers. *No class March 5, April 2.* 

01-384-MP-MME	\$150
Fri., Feb. 26-May 14	MME
7:45-8:45 am	
	* - = 0
01-384-MP-MMW	\$150
Fri., Feb. 26-May 14	MME
7:45-8:45 am	

#### **District Honor Band** Grades 6-8

Enjoy learning and performing band music with fellow middle school students. District Honor Band is open to middle school students who are currently enrolled in band class in the District.

01-384-DHB	\$95
Tues., Feb. 2-March 23	4:30-5:45 pm
Tues., March 23 - Concert	5:15-5:45 pm
	MME

# Virtual Daytime Adult Music Lessons

It's never too late to start learning music! Whether you are a beginner or played years ago, we will work with you to create a customized lesson plan. Learn to express yourself through music. Eight weekly, 45-minute lessons start on the week of January 19 and April 6. Lessons for piano, cello, violin, guitar and clarinet.

#### Winter Session

01-380-AP-45	\$375
45 minute lesson - 8 weeks	Virtual

Spring Session	
01-380-AP-45	\$375
45 minute lesson - 8 weeks	Virtual

21

# Art Classes

#### New! April Fool's Day Art

#### Grades K-3

We'll get simply silly as we celebrate April Fool's Day by creating some unbelievably hilarious craft pranks.

01-253-AF Thurs., April 1 9 am-12 pm

\$45 MCEC **Kidcreate Studio** 



#### **Beyond Pinch Pots** Grades K-3

Let's go beyond pinch pots and learn techniques to transform them into puppy pals, silly rabbits, playful penguins and much more.

01-253-DHS Tues., April 6-27 2:45-3:45 pm

01-253-EXS Mon., May 3-24 2:45-3:45 pm

01-253-GRS Tues., May 4-25 3:25-4:25 pm

01-253-CSS Wed., May 5-26 3:25-4:25 pm

01-253-MWS Thurs., May 6-27 3:25-4:25 pm

01-253-SHS Fri., May 7-28 3:25-4:25 pm

#### **Clay Studio**

Grades K-3 Get ready for hands on fun! Learn how to sculpt, coil, slab and pinch clay to make astonishing creations with different types of air dry clay. No class Feb. 12, March 5, 30.

\$95

\$95

\$95

\$95

\$95

01-252-DHW Tues., Jan. 19-Feb. 23 2:45-3:45 pm

01-252-SHW Wed., Jan. 20-Feb. 24 3:25-4:25 pm

01-252-MWW Fri., Jan. 29-March 19 3:25-4:25 pm

01-252-GRW Tues., March 2-April 13 3:25-4:25 pm

01-252-CSS Tues., March 2-April 13 3:25-4:25 pm

\$75 Deephaven Elem. **Kidcreate Studio** 

\$75 Excelsior Elem. **Kidcreate Studio** 

\$75 Groveland Elem. **Kidcreate Studio** 

\$75 Clear Springs Elem. **Kidcreate Studio** 

\$75 Minnewashta Elem. **Kidcreate Studio** 

\$75 Scenic Heights Elem. Kidcreate Studio

Deephaven Elem.

Scenic Heights Elem.

Minnewashta Elem.

Abrakadoodle

Abrakadoodle

Abrakadoodle

Groveland Elem.

Clear Springs Elem.

Abrakadoodle

Abrakadoodle

### Let's Draw

#### Grades K-5

In this introductory drawing class, learn basic techniques and principles as we draw puppies, ponies, people and more. Master a simple step-by-step method that is essential to creating memorable drawings. No class Feb. 15.

#### Grades K-3

01-253-GRW Tues., Jan. 19-Feb. 23 3:25-4:25 pm

01-253-CSW Wed., Jan. 20-Feb. 24 3:25-4:25 pm

01-253-EXW Mon., Feb. 1-March 15 2:45-3:45 pm

#### Grades 4-5

01-253-MHSW Thurs., Jan. 21-Feb. 25 2:45-3:45 pm

#### **New!** Unicorn Slime Grades K-3

Come and explore the magical, mystical unicorn universe! We'll learn the secret recipe for fabulous, glittery unicorn slime and take it home in a unicorn jar so sparkly that it's guaranteed to dazzle!

01-253-US \$45 Sat., Feb. 20 MCEC **Kidcreate Studio** 9 am-12 pm

#### **Design With Me -Mother's Day Flower Workshop** Ages 5 and up (with adult)

Celebrate Mother's Day surrounded by flowers! Learn how to make a bright arrangement of seasonal spring flowers. Participants will take home two arrangements.

01-250-MDF	\$95 child & adult
Sat., May 8	MCEC
9-10:30 am	Marie Raley

#### New! Virtual Discover Magic: Orange Wand Grades 3-6

Get ready to take an amazing adventure into the exciting world of magic. Learn how to teleport objects across the room, find hidden magical treasures, and levitate a cup of popcorn just to name a few.

01-250-DM2	\$205
Tues., Jan. 26-March 23	Virtual
4:30-5:45 pm	Twin Cities Magic Academy

### **Register for classes at** MinnetonkaCommunityEd.org

Excelsior Elem. **Kidcreate Studio** \$99

Groveland Elem.

**Kidcreate Studio** 

Clear Springs Elem.

**Kidcreate Studio** 

**Kidcreate Studio** 

MHS

\$99

\$99

\$99



#### New! Toy Story Musical Theater Ages 3-7

What happens when your toys come to life? Let's become our favorite toys and go on a musical theater adventure. Learn music and choreography from Toy Story as we put together our own musical. *No class Feb. 15, March 29, April 5.* 

#### Ages 3-4

01-298-MCE1 Mon., Feb. 1-April 26 5:15-6 pm

Mon., Feb. 1-April 26

\$139 MCEC Mayer Arts

Mayer Arts

Ages 5-7 01-298-MCE2

\$139 MCEC

6-7 pm M New! Grease Musical Theater

#### Ages 7-11

Grease is the word! Learn age appropriate music and choreography from Grease and put together a show that we will perform on the last day of class. Bring your enthusiasm and get ready to shine! *No class Feb. 15, March 29, April 5.* 

01-298-MCE3 Mon., Feb. 1-April 26 7-8 pm \$139 MCEC Mayer Arts

#### **New! Acting with Good V.I.B.E.S.** Grades 2-5

Team taught by two professional actor educators from CLIMB Theatre, participants will build a strong foundation for performance and strengthen social skills through scene work and ensemble building exercises. The final session will culminate in a short presentation for families. *No class Feb. 12, 15, March 4, 5, April 1.* 

#### Grades 2-3

01-298-GRW Fri., Jan. 29-March 19 3:25-4:25 pm

01-298-SHW Mon., Feb. 1-March 15 3:25-4:25 pm

01-298-CSW Thurs., Feb. 4-March 18 3:25-4:25 pm

01-298-EXS Thurs., March 25-May 6 2:45-3:45 pm

**Grades 4-5** 01-298-MHSW Tues., Jan. 19-Feb. 23 2:45-3:45 pm \$150 Groveland Elem. CLIMB Theatre

\$150 Scenic Heights Elem. CLIMB Theatre

\$150 Clear Springs Elem. CLIMB Theatre

\$150 Excelsior Elem. CLIMB Theatre

\$150 MHS CLIMB Theatre



Wayzata 952-473-1993 Excelsior 952-474-0288



#### Specialists in Orthodontics



Stephen R. Nelson, DDS, MS Kimberly G. Bohlig, DDS, MS Krestine K. Tiziani, DMD, MS Heather M. Carr, DDS, MS

www.lakeminnetonkaortho.com

# **STEM**

#### New! Virtual Chemistry Fun Preschool Activity Kit Ages 3 and up

This kit will have your budding scientist exploring the science side of STEM with engaging experiments and activities. It is more than hands-on...it's hands in! Be prepared to have fun and get messy.

01-271-PREK	\$49
Mailed	Science Explorers

#### New! Brick Builders: Twist n' Sweep Grades 1-3

Build a street sweeper, an egg beater, a racer, and more using LEGO® bricks. Use these LEGO® brick models to explore STEM concepts. *No class Feb. 12, 15, March 5, 31.* 

01-276-CSW Tues., Jan. 19-Feb. 23 3:25-4:25 pm

01-276-EXW Fri., Jan. 22-March 12 2:45-3:45 pm

01-276-GRW Wed., Jan. 27-March 3 3:25-4:25 pm

01-276-DHW Mon., Feb. 1-March 15 2:45-3:45 pm

01-276-SHW Wed., March 10-April 21 3:25-4:25 pm

01-276-MWW Mon., April 12-May 17 3:25-4:25 pm \$89 Clear Springs Elem. {YEL}

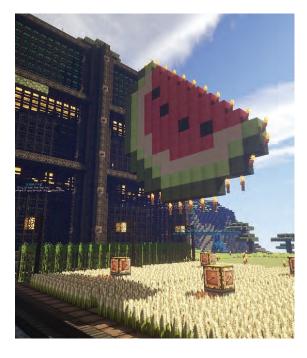
\$89 Excelsior Elem. {YEL}

\$89 Groveland Elem. {YEL}

\$89 Deephaven Elem. {YEL}

\$89 Scenic Heights Elem. {YEL}

\$89 Minnewashta Elem. {YEL}



#### Coding, Robotics & STEM Grades K-2

Calling all future scientists and engineers! Spark your love of STEM as you use teamwork and problem solving skills to work on robotics projects and STEM challenges.

#### Session 1: Mechanical Engineering!

Explore mechanics and other forces of physics as you build a robotic ball kicking machine, explore friction, engineer fun roller coaster, create an exciting marble maze and more fun STEM projects! *No class Feb. 12, 15, March 5, April 1.* 

01-274-MW5 Thurs., Jan. 28-Feb. 25 3:25-4:25 pm

01-274-DH5 Fri., Jan. 29-March 19 2:45-3:45 pm

01-274-CS6 Mon., Feb. 1-March 15 3:25-4:25 pm

01-274-SH6 Thurs., March 11-April 15 3:25-4:25 pm \$99 Minnewashta Elem. Tech Tac Toe

\$115 Deephaven Elem. Tech Tac Toe

\$115 Clear Springs Elem. Tech Tac Toe

\$99 Scenic Heights Elem. Tech Tac Toe

#### Session 2: Rainforest Engineering Adventures!

Rainforests provide a great opportunity for engineering challenges. Build a rainforest inspired robotic creature, create a solution to move quickly over treetops, find creative solutions for rainwater recovery and explore sound by recreating rain sound and more fun STEM projects. *No class March 29, April 2, 5.* 

\$115

01-274-CS7 Mon., March 22-May 10 3:25-4:25 pm

01-274-DH6 Fri., March 26-May 7 2:45-3:45 pm

01-274-GR6 Wed., April 7-May 12 3:25-4:25 pm

01-274-SH7 Thurs., April 22-May 27 3:25-4:25 pm Clear Springs Elem. Tech Tac Toe

\$115 Deephaven Elem. Tech Tac Toe

\$115 Groveland Elem. Tech Tac Toe

\$115 Scenic Heights Elem. Tech Tac Toe

#### Virtual Multiplayer Minecraft Online: World Builder Grades 1-5

Create a world with others in multiple unique, themed lands. Build different biomes or base a section on your favorite movie or video game! Meld your quadrants together with bridges, and separate them with moats of water, lava or even the void!

01-272-MM \$65 Sat., Feb. 20 Virtual 9 am-12 pm Tech Academy

Register for classes at MinnetonkaCommunityEd.org

youth programs - enrichment

Eli and Isaac Gale love Minnetonka Community Education's after-school programming. Junior Engineering Club is very hands-on and Eli

has loved making something new each week. They both also enjoy the game of chess, learning new strategies each week and playing games with their friends.

#### Junior Engineering Club Grades K-3

Discover new, hands-on STEM learning lessons from various engineering disciplines. The focus will be on developing problem solving, critical thinking and peer collaboration skills. Projects this session tackle mechanical, electrical, aerospace engineering and more. Instructor: Engineering for Kids. *No class Feb. 12, 15, March 4, 5, 29, 30, 31, April 1, 2, 5.* 

Clear Springs Elem.		
01-274-CSW (Sess.1)	Fri., Jan. 29-Mar. 19	3:25-4:25 pm
01-274-CSS (Sess. 2)	Fri., Mar. 26-May 7	3:25-4:25 pm
Deephaven Elem.		
01-274-DHW (Sess. 1)	Wed., Jan. 27-Mar. 3	2:45-3:45 pm
01-274-DHS (Sess. 2)	Wed., Mar. 10-Apr. 21	2:45-3:45 pm
Excelsior Elem.		
01-274-EXS (Sess. 2)	Fri., Mar. 26-May 7	2:45-3:45 pm
Groveland Elem.		
01-274-GRW (Sess. 1)	Thurs., Jan. 28-Mar.11	3:25-4:25 pm
01-274-GRS (Sess. 2)	Thurs., Mar. 18-Apr. 29	3:25-4:25 pm
Minnewashta Elem.		
01-274-MWW (Sess. 1)	Tues., Jan. 26-Mar. 2	3:25-4:25 pm
01-274-MWS (Sess. 2)	Tues., Mar. 9-Apr. 20	3:25-4:25 pm
Scenic Heights Elem.		
01-274-SHW (Sess. 1)	Mon., Feb. 1-Mar. 15	3:25-4:25 pm
01-274-SHS (Sess. 2)	Mon., Mar. 22-May 10	3:25-4:25 pm

#### STEM Sampler Grades 1-3

First, discover the science side of STEM as we learn the difference between chemical and physical changes with sloppy, slimy, and messy experiments. Next, investigate technology as we learn if the hand is really quicker than the eye with fun optical illusions. Then, discover engineering and math as we construct a marble roller coaster to learn about physics.

01-271-EXS Wed., April 28-May 19 2:45-3:45 pm \$79 Excelsior Elem. Science Explorers

#### Wizard School Grades 1-3

Investigate a wizard's laboratory and learn the science behind the magic. Harness electricity to make your own wand. Explore the secret world of alchemy as you create scientific potions and more in this fun, hands-on imaginative class. *No class March 31*.

01-271-EXW2 Wed., March 17-April 14 2:45-3:45 pm \$85 Excelsior Elem. Science Explorers

#### Jedi Masters Grades K-3

Bring the world of Star Wars to life with your master builder skills and our intergalactic curriculum. Learn to concentrate on mastering the Force, use teamwork to build battle drones and AT-Walkers, and if your skills are up to par, make your very own light saber to use in battle!

\$89

01-274-DH7 Mon., April 12-May 17 2:45-3:45 pm

Wed., April 28-May 26

01-274-CS5 Tues., April 20-May 25

\$89 Clear Springs Elem. Snapology

Deephaven Elem.

Snapology

\$75 Scenic Heights Elem. Snapology

#### Pokemania

3:25-4:25 pm

3:25-4:25 pm

01-274-SH5

Grades K-3

Explore the Pokémon world and practice your Pokémon training skills! Create your own training gyms, unique battles and even your very own generation of Pokémon. Explore real-world science as you examine the habitats, characteristics, and needs of different Pokémon. You'll do more than catch 'em all!

01-274-P1 Thurs., Jan. 21-Feb. 11 3:45-4:45 pm

\$49 Virtual Snapology





#### STEM Sampler Kit

01-271-KIT 1 Mailed

Ages 8 and up (working with an adult) Complete these experiments (designed by Science Explorers!) as your schedule permits.

#### Kit 1: Chemistry, Aerospace & Electricity

\$39 Science Explorers

Kit 2: Engineering & Chemistry with PH		
01-271-KIT 2	\$39	
Mailed	Science Explorers	

#### New! Virtual Extreme Coding Online: Super Snake Grades 3-6

Make an interactive game using Scratch. Learn how to put code blocks together and recreate the classic video game snake. This course will cover fundamental coding concepts like sequencing, conditionals, variable and more.

01-272-EC	\$45
Sat., March 20	Virtual
9-11 am	Tech Academy

#### **New!** Virtual Video Production Online for YouTube: Gaming Grades 3-6

Learn how to produce a YouTube - "Let's Play" Video and capture a gaming session. YouTube is the top destination for online videos. Learn tricks that pros use. Edit your video, add transitions, insert a soundtrack. Then share your finished video with the world.

01-272-VP	\$89
Sat., Jan. 9 & 16	Virtual
10:30 am-12:30 pm	Tech Academy

#### Virtual Code Championship Tournament Grades 3-9

Build a computer bot to play head-to-head against other coders! Whether this is your first Code Championship event, or if you've been competing for years, this is the perfect way to explore the competitive world of Code Championship.

01-274-CCT2	\$27
Sat., Jan. 23	Virtual
9-11 am	Abamath
01-274-CCT3	\$27
Sat., Feb. 20	Virtual
9-11 am	Abamath
01-274-CCT4	\$27
Sat., March 20	Virtual

01-274-0014			
Sat., March 20			
9-11 am			

#### Register for classes at MinnetonkaCommunityEd.org

Abamath

#### Virtual Online Coding Club Grades 2-4

#### \$109

Coding is an invaluable skill in today's world. It can open amazing opportunities and set you up for success. In this online Coding Club with live teachers, learn coding skills in a fun and easy way. Instructor: Tech Tac Toe. *No class March 22-31, April 1, 3, 5-8, 10.* 

**Level 1:** In this introductory class, learn how to handle user input, deal with motion and direction, and use their own creativity to design their own characters.

01-274-1-7	Wed., Jan. 6-Feb. 10	4:45-5:25 pm
01-274-1-8	Thurs., Jan. 7-Feb. 11	6-6:40 pm
01-274-1-9	Sat., Jan. 9-Feb. 13	10-10:40 am
01-274-1-10	Wed., Feb. 17-April 14	4:45-5:25 pm
01-274-1-11	Thurs., Feb. 18-April 15	6-6:40 pm
01-274-1-12	Sat., Feb. 20-April 17	10-10:40 am
01-274-1-13	Wed., April 21-May 26	4:45-5:25 pm
01-274-1-14	Thurs., April 22-May 27	6-6:40 pm
01-274-1-15	Sat., April 24-May 29	10-10:40 am

**Level 2:** Continue building on your knowledge of block programming. Learn about random motion, basic loops and conditionals all while creating your own game.

01-274-2-3	Tues., Jan. 5-Feb. 9	4:45-5:25 pm
01-274-2-4	Wed., Jan. 6-Feb. 10	6-6:40 pm
01-274-2-5	Tues., Feb. 16-April 13	4:45-5:25 pm
01-274-2-6	Wed., Feb. 17-April 14	6-6:40 pm
01-274-2-7	Tues., April 20-May 25	4:45-5:25 pm
01-274-2-8	Wed., April 21-May 26	6-6:40 pm

Level 3: Continue working on programming

fundamentals. Deepen your knowledge of loops and conditionals, while also learning about variables and game design techniques.

01-274-3-1	Mon., Jan. 4-Feb. 8	4:45-5:25 pm
01-274-3-2	Tues., Jan. 5-Feb. 9	6-6:40 pm
01-274-3-3	Mon., Feb. 15-April 12	4:45-5:25 pm
01-274-3-4	Tues., Feb. 16-April 13	6-6:40 pm
01-274-3-5	Mon., April 19-May 24	4:45-5:25 pm
01-274-3-6	Tues., April 20-May 25	6-6:40 pm

**Level 4:** This level will introduce you to more intermediate concepts. Learn how to use random number elements, collision detection and gravity.

01-274-4-1	Tues., Feb. 16-April 13	4:45-5:25 pm
01-274-4-2	Fri., April 23-May 28	4:45-5:25 pm

**Level 5:** Continue deepening your knowledge of block programming while being introduced to basic python learning. Learn how to keep track of the score using variables and assignments.

01-274-5-1 Tues., April 20-May 25 4:45-5:25 pm



#### **Grandmasters of Chess: Winter & Spring**

#### Grades K-5

Join this "sport of the mind" and be part of your school's chess club. We have 50+ lessons and hundreds of puzzles for all levels. New and returning students are invited. Instructor: {YEL}. No class Jan. 18, 25, Feb. 15, March 4, 30, 31, April 1.

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Summer Events

2021 Minnewashta Mud Run July 10, 2021





#### **Mini Cake Design with Fondant Sculptures** Grades 5-8

Have you ever wanted to create a three-dimensional sculpture using fondant? Design and frost your mini cake, then sculpt the fondant to create your own unique design.

01-250-CW4 Sat., Jan. 23 10 am-12 pm

\$35 MCEC Artistic Moments

01-250-CW3 Sat., Feb. 13 10 am-12 pm \$35 MCEC Artistic Moments

#### New! Virtual Adult & Child **Cook-Alongs**

See page 1 for details

# Language



**Spanish Immersion Preschool** Ages 3-5

Classes immerse young children in the Spanish language and culture as they prepare for kindergarten. Students learn through activities/games, arts/crafts, songs music and cultural elements. No class Feb. 12, March 5, April 2.

01-209-SI1 Fri., Jan. 8-May 28 9:30-11:30 am

\$551 MCEC

#### Register for classes at MinnetonkaCommunityEd.org

## Her curiosity: limitless. Your window fashions:

cordless. Discover innovative window fashions from Hunter Douglas that enhance safety at the window. Ask today about a wide array of cordless operating systems including the ultimate in operation convenience,

PowerView Motorization.





**Repair & Cleaning Specialists** 

Give your old window shades/blinds new life with cleaning & repair. Ultrasonic cleaning can make your old shades new!

# Little Blind Spot Residential Design Specialists

Largest Window Treatment Showroom in Minnesota

# Academic Support

#### Tonka Tutoring Grades K-12

Unlock your full potential through one-on-one, personalized instruction. By identifying your individual needs, our private tutors are able to provide tailored tutoring services that align with District curriculum.

- 4 50 minute sessions \$189
- 8 50 minute sessions \$349
- 12 50 minute sessions \$499
- 20 50 minute sessions \$769

To schedule your sessions email

tonka.tutoring@MinnetonkaSchools.org.

Tutoring packages should be purchased after sessions have been scheduled.

#### Prepare for the ACT Grades 9-12

The most in-depth and thorough ACT preparation course available in Minnesota! Dive deep into each section of the ACT (English, Math, Reading, Science, and Writing), learning not only general strategies but also specific tips and tricks to help you ace the exam. Taught by an expert tutor who's scored a 36 himself, students won't just learn the content of the ACT but will also take a full-length practice exam each week to "get used" to the real test. Class meets on Mondays, and included practice tests are held on Saturdays.

#### 8 Sessions

01-201-ACT1 Sat., Feb. 20-March 20 8-11:30 am (Sat.) Mon., Feb. 22-March 22 5-8 pm (Mon.) \$495 MCEC Max Dupslaff

\$59

\$49

#### Homework Help Club Grades K-3

Homework Help Club gives students with the opportunity to obtain assistance with homework. Students who may not need help, but simply a place to work, are also welcome. Please note, this is not a tutoring session. *No class Feb. 12, 15.* 

01-250-EX1 Thurs., Jan. 21-Feb. 25 2:45-3:45 pm

01-250-SH1 Fr., Jan. 22-Feb. 26 3:25-4:25 pm

01-250-MW1 Mon., Feb. 1-March 22 3:25-4:25 pm \$69 Minnewashta Elem.

Scenic Heights Elem.

Excelsior Elem.

# Driver Eclucation



www.safewaydrivingschool.com

WINTER & SPRING SESSIONS - Ages 14½ and up Students will attend class from home.

Classes will be conducted via a secure Zoom meeting. All classes meet 3:45-6:45 pm

	01-591- W1	TuesThurs. (one Mon.)	Jan. 19-Feb. 4 & Mon., Feb. 1	
	01-591- W2	MonThurs.	Feb. 8-24 (No class Feb. 15)	
	01-591- W3	MonThurs.	March 8-23	
	01-591- W4	MonThurs.	April 12-27	
	01-591- W5	MonThurs.	May 3-18	

#### Virtual Classroom Instruction

Our program includes 30 hours of virtual instruction, as required by law, in 10, three-hour lessons. Students can start classes at age 14<sup>1</sup>/<sub>2</sub>, obtain their permit at age 15 and license at age 16. The State of Minnesota requires that driver's education distance learning be conducted in a face-to-face platform, which requires that students have a video camera and audio capabilities on their devices. Safeway has chosen a secure Zoom platform to conduct the class. Safeway will be emailing the classroom handouts and 2020 MN Driver's Manual in pdf format for printing. Students will be required to be in front of the camera and interactive for the full three-hour class.

#### **Class Schedule**

Classes meet Monday-Thursday virtually, from 3:45-6:45 pm. Missed lessons can be made up during a future class session. Students do not need to register for make up classes.

#### Fee

\$399 (Includes classroom instruction and six hours of behind-the-wheel instruction.)

#### **Behind-the-Wheel Instruction**

Students must complete six hours of driving lessons with a Safeway instructor before taking the Minnesota Road Exam. Lessons are divided into three two-hour private lessons with a responsible, professional Safeway driving instructor. Students can be picked up from and dropped off at home, school or work.

## Register for classes at MinnetonkaCommunityEd.org



#### **Babysitter Training**

#### Ages 11-16

Learn leadership, safety, basic care, first aid and rescue skills, to become the best certified babysitter on the block!

01-120-BT1 Sat., Jan. 9 9 am-4 pm

01-120-BT2 Sat., Feb. 20 9 am-4 pm

01-120-BT3 Sat., March 13 9 am-4 pm

01-120-BT4 Sat., April 24 9 am-4 pm

01-120-BT5 Sat., May 15 9 am-4 pm \$95 MCEC Jonathan Edwards



Music Association of Minnetonka

Orchestra, band, and choral opportunities for people of all ages! We strive to be the community destination for all who love music.



Visit our website: www.musicassociation.org to learn about our online Winter 2021 offerings

#### **Babysitter Training Plus** Ages 11-16

Increase your babysitting safety knowledge by completing this course which includes Infant/Child CPR designed just for babysitters. You must complete the Babysitter Training class before taking Plus.

01-120-BP2 \$49 Saturday, May 22 MCEC 9 am-1 pm Jonathan Edwards

#### Alone at Home Grades 3-6

Get prepared to stay home alone, safely. You'll learn first aid, safety procedures and what to do in severe weather. Review phone skills, explore fun snack ideas and learn interactive games and activities.

01-120-AH1 Sat., Jan. 16 9 am-12 pm 01-120-AH2 Sat., Feb. 6 9 am-12 pm 01-120-AH3 Sat., Feb. 27 9 am-12 pm 01-120-AH4 Sat., March 20 9 am-12 pm 01-120-AH5 Sat., April 10

9 am-12 pm 01-120-AH6

Sat., May 1 9 am-12 pm \$39 MCEC Amy Paine \$39 MCEC Amy Paine \$39 MCEC Amy Paine \$39

\$39

MCEC

Amy Paine

MCEC Amy Paine \$39 MCEC

Amy Paine

#### New! Staying Connected: Mental Health Ages 11-14

Talking about mental health as a family can be intimidating but we're here to help. This workshop will engage you and your child in fun, thought-provoking activities that will help them understand more about mental health.

01-258-GU3	\$59 (parent & child)
Sat., Feb. 20	MCEĊ
9 am-12 pm	myHealth for Teens &
·	Young Adults

#### Growing Up: Parents & Daughters Connecting Girls ages 9-12 (with adult)

Join health educators for a workshop that takes the mystery out of adolescence. Girls, along with a parent, will engage in fun, thought-provoking activities to learn about puberty, development, what is normal about growing up and parent-child communication.

01-258-GU4 Sat., March 13 9 am-12 pm \$59 (parent & daughter) MCEC myHealth for Teens & Young Adults

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# Preschool Age Recreation

#### **Amazing Tots**

#### Ages 11/2-2

Physical activity and learning go hand-in-hand for the littlest of athletes. Each class combines fitness, learning and fun, centered around one of four sports: basketball, football, soccer or baseball.

01-128-AT1 Tues., Jan. 5-Feb. 2 4-4:30 pm \$89 MCEC Amazing Athletes

Amazing Athletes

Amazing Athletes

\$89

\$89

MCEC

MCEC

01-128-AT2 Tues., Feb. 16-March 16 4-4:30 pm

01-128-AT3 Tues., April 6-May 4 4-4:30 pm

## Amazing Athletes

Ages 3-5½

Let's get active! Children will experience an educational sports and fitness program that teaches the basic fundamentals and mechanics of nine different ball sports and seven key areas of motor development.

01-128-AA1 Tues., Jan. 5-Feb. 2 3-3:40 pm

Tues., Feb. 16-March 16

Tues., April 6-May 4

01-128-AA2

3-3:40 pm

01-128-AA3

3-3:40 pm

\$89 MCEC Amazing Athletes

\$89 MCEC Amazing Athletes

\$89 MCEC Amazing Athletes

## Register for classes at MinnetonkaCommunityEd.org

#### T-Ball League Ages 3-5

Learn the game of T-ball in a relaxed introductory league for preschoolers designed to teach your player

the basics while having a great time.

**Ages 3-4** 01-179-T1 Tues., May 25-June 22 5:30-7:25 pm

01-179-T3 Tues., May 25-June 22 5:30-7:25 pm

**Ages 4-5** 01-179-T2 Thurs., May 27-June 24 5:30-7:25 pm

01-179-T4 Thurs., May 27-June 24 5:30-7:25 pm

\$65 Minnewashta Elem.

Groveland Elem.

\$65

\$65

\$65

Groveland Elem.

Minnewashta Elem.

#### New! Baseball for Tots Ages 2-5

Baseball for Tots classes focuses on fine and gross motor skills as well as body control. We teach all the baseball basics, such as throwing, catching, hitting and running control.

#### Ages 2-3

Ages 4-5

01-172-BaseballTots1 Thurs., April 8-29 4:45-5:15 pm

01-172-BaseballTots2

Thurs., April 8-29

5:30-6:15 pm

#### \$65 Scenic Heights Elem. Skyhawks

\$79 Scenic Heights Elem. Skyhawks



## FREE INTRODUCTORY VISIT!

Schedule an appointment at one of our 5 convenient locations today!

Chaska • Children's WestMaple Grove • Minnetonka • Plymouth





## 952-401-8300 www.southlakepediatrics.com

youth programs - recreation

# Preschool Age Recreation

#### New! First Down for Tots

#### Ages 2-5

First Down for Tots is a developmental program that introduces young athletes to the sport of football. The goal is to build fitness, muscle coordination, football fundamentals and create a love of the game.

#### Ages 2-3

01-172-FirstDownTots1 Sat., May 1-22 9-9:30 am

\$65 Excelsior Elem. Skyhawks

## Ages 4-5

01-172-FirstDownTots2 Sat., May 1-22 9:40-10:25 am 

\$79 Excelsior Elem. Skyhawks

#### SoccerTots Ages 2-5

Playable on almost any surface, our soccer-themed motor skills classes make it easy for children to find success. Younger age groups focus on developing motor skills and self-confidence; older age groups focus on developing core soccer skills and personal improvement while introducing an element of light competition.

> \$65 MME

Skyhawks

#### Ages 2-3

01-172-SoccerTots1	
Sat., April 10-24	
9-9:40 am	

#### Ages 4-5

01-172-SoccerTots2	\$79
Sat., April 10-24	MME
9:50-10:50 am	Skyhawks

#### **Soccer Shots Mini**

#### Ages 2-3

Creative and imaginative games focus on basic soccer skills like dribbling, passing and shooting. We'll also highlight a positive character trait each session such as respect, teamwork or appreciation. All equipment provided.

01-178-SSM1	\$129
Tues., April 13-June 1	Excelsior Elem.
5-5:30 pm	Soccer Shots

#### **Tiny Tonka Soccer** Ages 3-6

Children will learn soccer basics in our introductory league. Each session includes skills practice and a game. Have fun while developing social and motor skills! Parent volunteers are needed to coach teams. All equipment provided.

#### Ages 3-4

01-178-TTS3	
Mon., April 12-May 10	
9-9:45 am	
01-178-TTS1	
Mon April 12-May 10	

Mon., April 12-May 10 5-5:45 pm

#### Ages 5-6

01-178-TTS4 Mon., April 12-May 10 10-10:45 am

01-178-TTS2 Mon., April 12-May 10 6-6:45 pm

\$65 MME

\$65 Excelsior Elem.

\$65 MME

\$65 Excelsior Elem.

#### **Soccer Shots Classic** Ages 3-5

Utilizing creative and imaginative games to focus on basic soccer skills like dribbling, passing and shooting. We'll also highlight a positive character trait each session such as respect, teamwork or appreciation. All equipment provided.

01-178-SSC1 \$129 Tues., April 13-June 1 Excelsior Elem. 5:40-6:10 pm \$129 01-178-SSC2

Tues., April 13-June 1 6:20-6:50 pm

Soccer Shots

Excelsior Elem. Soccer Shots

#### **Soccer Shots Premier** Ages K-2

Develop individual skills, fitness and sportsmanship through soccer. You'll be challenged through fun games and team interaction and introduced to competition in a developmentally appropriate manner. All equipment provided. No class Jan. 18, 25, Feb. 15.

01-178-SSP1 Mon., Jan. 4-March 15 3:30-4:15 pm

01-178-SSP2 Tues., Jan. 5-March 9 3:30-4:15 pm

01-178-SSP3 Tues., Jan. 5-March 9 3:30-4:15 pm

01-178-SSP4 Wed., Jan. 6-March 10 2:50-3:35 pm

01-178-SSP5 Mon., April 5-May 24 3:30-4:15 pm

01-178-SSP6 Tues., April 13-June 1 3:30-4:15 pm

01-178-SSP7 Tues., April 13-June 1 3:30-4:15 pm

01-178-SSP8 Wed., April 14-June 2 2:50-3:35 pm

01-178-SSP9 Thurs., April 15-June 3 2:50-3:35 pm

\$159 Scenic Heights Elem. Soccer Shots

\$195 Groveland Elem. Soccer Shots

\$195 Minnewashta Elem. Soccer Shots

\$195 Excelsior Elem. Soccer Shots

\$179 Scenic Heights Elem. Soccer Shots

\$179 Groveland Elem. Soccer Shots

\$179 Minnewashta Elem. Soccer Shots

\$179 Excelsior Elem. Soccer Shots

\$179 Deephaven Elem. Soccer Shots



#### Children's Yoga - Yoga Calm Grades K-5

Develop healthy habits for a lifetime of wellness and happiness. Improve personal awareness and maintain focus through fun yoga games, breath, movement and poses. All participants must bring a yoga mat. *No class Feb. 15*.

01-192-C3 Mon., Feb. 1-March 22 3:25-4:15 pm \$85 Groveland Elem. Kim Cramer

01-192-C4 Mon., April 12-May 24 3:25-4:15 pm Kim Cramer \$85 Groveland Elem.

\$99 parent & 1 child

\$85 parent & 1 child

\$99 parent & 1 child

\$85 parent & 1 child

\$130 parent & 2 children

\$115 parent & 2 children

\$130 parent & 2 children

\$115 parent & 2 children

Family Yoga

Ages 3-12

Children will experience the joy of yoga in this fun, lighthearted class. Parents and children will discover balance, breathing, endurance and focus through yoga and music.

> MCEC Kim Cramer

MCEC

MCEC Kim Cramer

MCEC

Ages 3-7

01-192-W3 Sat., Feb. 6-March 13 10-10:45 am

01-192-F5 Sat., April 17-May 15 10-10:45 am

#### Ages 8-12

01-192-W4 Sat., Feb. 6-March 13 9-9:45 am

01-192-F6 Sat., April 17-May 15 9-9:45 am

#### **Teen Yoga**

#### Grades 6-12

Calling all teens interested in learning more about yoga! Practicing yoga reduces stress, improves concentration, increases strength and flexibility, enhances body awareness and balance in life. Participants should bring their own mat.

01-192-W1 Sat., Feb. 6-March 13 11-11:45 am

01-192-W2 Sat., April 10-May 15 11-11:45 am Kim Cramer \$80 MCEC

\$80

MCFC

#### Minnetonka Youth Cheer Clinic Grades K-5

Join the Minnetonka High School Cheerleaders for this fun and energetic clinic. Learn cheer motions, jumps and simple stunts and perform a cheer routine at the end of the clinic.

01-145TC1 Mon., Jan. 25 12-3 pm \$60 MHS



## Grades K-12

See class descriptions and registration information at bit.ly/mcegymnastics

	Tues. Feb. 23- May 25 \$182	Wed. Feb. 24- May 26 \$182	Thurs. Feb. 25- May 27 \$168	Sat. Feb. 27- May 22 \$154
Tonka Tumblers	3:30- 4:15 pm		3:30- 4:15 pm	12:40- 1:25 pm
Beginner Boys				1:30- 2:25 pm
Beginner 1		3:30- 4:25 pm		8-8:55 am
Beginner 2				9:10- 10:05 am
Advanced Beginner 1			7:30- 8:25 pm	10:20- 11:15 am
Advanced Beginner 2	7:30- 8:25 pm			11:30 am- 12:25 pm
Intermediate				1:40- 3:10 pm
MAGA Pre-Team	Wed., Feb. 24-May 26, 6-8 pm Sat., Feb. 27-May 29, 11:15 am-1:15 pm \$600			

All classes meet at MHS No class March 4, 27, 30, 31 April 1, 3.

#### - Early Childhood Screening

All children who are 3, 4 or 5 years old and are not currently enrolled in kindergarten should be screened. This is best completed at the age of 3. Schedule your appointment today at **bit.ly/ECScreening** 

## Register for classes at MinnetonkaCommunityEd.org

# Tonka Dance Academy

#### Ballet/Tap Ages 3-Grade 1

Gain coordination and rhythm through tap dance, and work on those quick twitch muscle skills. Work to your own level and have fun. *No class Jan. 18, 25, Feb. 15, March 27, 29, 30, April 3, 5, 26.* 

#### Ages 3-5

Grades 2-3	
01-147-MCEC8 Sat., Jan. 16-May 22 9:50-10:35 am	\$219 MCEC
01-147-MCEC6 Tues., Jan. 12-May 25 4:35-5:20 pm	\$239 MCEC
<b>Grades K-1</b> 01-147-MCEC3 Mon., Jan. 11-May 24 4:30-5:15 pm	\$179 MCEC
01-147-MCEC7 Sat., Jan. 16-May 22 9-9:45 am	\$219 MCEC
01-147-MCEC5 Tues., Jan. 12-May 25 3:45-4:30 pm	\$239 MCEC
01-147-MCEC4 Mon., Jan. 11-May 24 5:20-6:05 pm	\$179 MCEC

2:50-3:35 pm Ballet/Lyrical

01-147-MCEC1

Mon., Jan. 11-May 24

#### Grades K-3

Learn the artistic technique of ballet. Vocabulary and proper positions while having fun learning the art of ballet! Lyrical is a flowing jazz style emphasizing interpretation and expressiveness. *No class Jan. 18, 25, Feb. 15, March 4, 29, 30, April 1, 5, 26.* 

\$179

MCEC

01-147-GS2 Mon., Jan. 11-May 24 4:25-5:10 pm

01-147-MWS2 Mon., Jan. 11-May 24 4:25-5:10 pm

01-147-CSS2 Tues., Jan. 12-May 25 4:25-5:10 pm

01-147-ES2 Thurs., Jan. 14-May 27 4:20-5:05 pm

01-147-SHS2 Thurs., Jan. 14-May 27 4:20-5:05 pm \$179 Groveland Elem.

\$179 Minnewashta Elem.

\$239 Clear Springs Elem.

\$239 Excelsior Elem.

\$239 Scenic Heights Elem. Gia Gale is new to Minnetonka Community Education and is

enrolled in her first Tonka Dance Academy Class, Ballet/Tap. She has also recently completed her Early Childhood Screening through MCE's screening program.



#### Jazz/Hip Hop Grades K-3

Tonka

Academy

Learn moves you can perform on the stage, at a school dance, or anywhere. Class includes warm-up, stretching, conditioning and choreography and promises to challenge even the most seasoned dancers while still allowing complete beginners to get a solid and fun introduction this style. *No class Jan. 18, 25, Feb. 15, March 4, 29, 30, April 1, 5, 26.* 

#### Grades K-3

01-147-GS1 Mon., Jan. 11-May 24 3:30-4:15 pm

01-147-MWS1 Mon., Jan. 11-May 24 3:30-4:15 pm

01-147-CSS1 Tues., Jan. 12-May 25 3:30-4:15 pm

01-147-ES1 Thurs., Jan. 14-May 27 2:50-3:35 pm

01-147-SHS1 Thurs., Jan. 14-May 27 3:30-4:15 pm

#### Grades 2-3

01-147-MCEC2 Mon., Jan. 11-May 24 3:40-4:25 pm \$179 Groveland Elem.

\$179 Minnewashta Elem.

\$239 Clear Springs Elem.

\$229 Excelsior Elem.

\$179

MCEC

\$239 Scenic Heights Elem.



# Volleyball

#### Volleyball

Boys and Girls Ages 4-8

Learn the basics of Volleyball! One of the more difficult motor skills to grasp for children, these forgiving classes help them learn to bump, set and spike, while developing agility, reaction, speed and teamwork.

#### Ages 4-5

01-172-Vball1 Sat., Feb. 20-March 13 9-9:45 am \$79 MCEC Skyhawks

\$95

MCEC

Skyhawks

#### Ages 6-8

01-172-Vball2 Sat., Feb. 20-March 13 10-11 am

#### Volleyball Skills

**Boys and Girls Grades 3-8** 

Volleyball skills are taught through drills and exercises that focus on passing, setting, hitting, and serving. Sessions will include short court and 2 vs. 2 court games. No experience or equipment is necessary. *No class Jan. 30, March 27, April 3.* 

#### Grades 3-5

01-190-VB6 Sat., Jan. 16-Feb. 27 11:30 am-12:30 pm \$100 MCEC The McCarthy Project

01-190-VB8 Sat., March 6-April 24 11:30 am-12:30 pm

#### Grades 6-8

01-190-VB7 Sat., Jan. 16-Feb. 27 12:30-1:30 pm

01-190-VB9 Sat., March 6-April 24 12:30-1:30 pm \$100 MCEC The McCarthy Project

\$100 MCEC The McCarthy Project

\$100 MCEC The McCarthy Project



- Contents are Fully Updatable with the Included USB Cable.
- Recommendations: # English Bunny is Recommended for Children Ages 0-6.
- Chinese Bunny is Recommended for all Chinese Immersion Elementary Students.
- Mention "MCE" with Your Email and Receive \$5 off Your Order.

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Costomer Service: Mona Email: info@lingo-pal.com



# Sports & Athletics

#### Tennis

#### Grades K-5

Learn the fundamentals, etiquette and rules of the game. Kid-friendly instructors help students develop tennis skills and knowledge, while using the sport to teach valuable life lessons like honesty and sportsmanship. Equipment provided; open to all skill levels (main focus on fundamental skills). *No class Feb. 15, April 26*.

#### Grades K-1

01-184-TGA5 Mon., Feb. 1-March 15 6:10-7:10 pm

#### Grades K-5

01-184-TGA7 Mon., April 19-May 24 2:50-3:50 pm

01-184-TGA11 Mon., April 19-May 24 5:30-6:30 pm

01-184-TGA8 Tues., April 20-May 25 3:30-4:30 pm

01-184-TGA9 Wed., April 21-May 26 3:30-4:30 pm

01-184-TGA10 Thurs., April 22-May 27 3:30-4:30 pm

**Grades 1-5** 01-184-TGA2 Tues., Jan. 19-Feb. 23 3:30-4:30 pm

01-184-TGA3 Thurs., Jan. 21-Feb. 25 3:30-4:30 pm

01-184-TGA1 Mon., Feb. 1-March 15 3:30-4:30 pm

**Grades 2-5** 01-184-TGA6 Mon., Feb. 1-March 15 7:10-8:10 pm \$129 Excelsior Elem. TGA Central

\$109 Deephaven Elem. TGA Central

\$129 MME TGA Central

\$129 Groveland Elem. TGA Central

\$129 Minnewashta Elem. TGA Central

\$129 Clear Springs Elem. TGA Central

\$129 Scenic Heights Elem. TGA Central

\$129 Clear Springs Elem. TGA Central

\$129 Minnewashta Elem. TGA Central

\$129 Excelsior Elem. TGA Central

#### Golf

#### Grades K-5

Learn the fundamentals, etiquette and rules of the game. Kid-friendly instructors help develop golf skills and knowledge, while using the sport to teach valuable life lessons like honesty and sportsmanship. Equipment provided; open to all skill levels.

01-184-TGAG1 \$ Tues., April 20-May 25 Ex 5:30-6:30 pm TC

\$129 Excelsior Elem. TGA Central

#### Multi-Sport Camp Grades K-6

We will focus on teaching skills in soccer, basketball, and flag football. The class will also incorporate camp games like Capture the Flag, Ultimate Frisbee and more! Equipment provided.

01-172-MSF1 Mon., Jan. 25 9 am-4 pm

MME Skyhawks \$69

\$69



01-172-MSF2 Mon., April 5 9 am-4 pm \$69 MME Skyhawks

#### Beginner/Intermediate Fencing Ages 8-18

Learn the fundamentals of safe swordplay and fencing in a fun and active learning environment. All equipment is provided.

01-150-E3 Thurs., Jan. 21-Feb. 25 6-7 pm \$85 Deephaven Elem. Maria Benford

01-150-E4 Thurs., March 11-April 22 6-7 pm Maria Benford \$85 Deephaven Elem.

Maria Benford

Register for classes at

MinnetonkaCommunityEd.org

# youth programs - recreation

## Soccer

Ages 6-12 Using our progression curriculum, your young athlete will gain the technical skills and sport knowledge required for the next step into soccer.

#### Ages 6-7

01-172-Soccer1 Sat., April 10-24 11 am-12:20 pm

#### Ages 8-9

01-172-Soccer2 Sat., April 10-24 12:30-1:50 pm \$95 MME

\$95

\$95

MME

\$95

MME

#### Ages 10-12

01-172-Soccer3 Sat., April 10-24 2-3:20 pm

#### Lacrosse

#### Grades K-3

Lacrosse combines the basic skills used in soccer, basketball and hockey into one fast-paced, highscoring game. Learn the fundamentals of stick handling, cradling, passing and shooting in a fun, non-checking environment.

01-172-L1 Mon., May 3-24 3:30-4:30 pm

01-172-L2 Tues., May 4-25 3:30-4:30 pm

01-172-L3 Wed., May 5-26 2:50-3:50 pm

01-172-L4 Thurs., May 6-27 3:30-4:30 pm

01-172-L5 Fri., May 7-28 3:30-4:30 pm Skyhawks \$95 Clear Springs Elem. Skyhawks \$95 Deephaven Elem. Skyhawks \$95

Scenic Heights Elem.

Skyhawks \$95 Minnewashta Elem. Skyhawks

Groveland Elem.

#### **Recreation Archery**

#### Grades 3-12

Archery improves concentration, physical fitness and is a lot of fun! Learn technique, rules, scoring, history, etiquette and equipment care. All skill and ability levels welcome. Coached by NASP certified instructors. All equipment provided. *No class Feb. 15*.

#### Grades 3-8

01-129-R5 Mon., Feb. 1-March 15 6-7 pm	\$79 MMW
01-129-R6 Mon., April 12-May 17 6-7 pm	\$79 MMW

#### Grades 6-12

01-129-R7 Mon., Feb. 1-March 15 7-8 pm

01-129-R8 Mon., April 12-May 17 7-8 pm \$79 MMW

\$79

MMW

TONKA YOUTH TRIATHLON

# SWIM . BIKE . RUN SATURDAY, MAY 15, 2021 AT MME EVENT BEGINS AT 8:30 AM

**BOYS AND GIRLS GRADES 2-8** 

#### Youth Triathlon Clinic Grades 2-8

Start your training for the 2021 Minnetonka Youth Triathlon! Our trained staff will teach strategies and give tips while going over transitions, bike riding safety and triathlon rules.

\$25

MME

01-175-YTC	
Sat., April 17	
2-3:30 pm	

#### Ski & Snowboard Day Trip - Powder Ridge Grades 4-12

Join us on a fun-filled day as we explore the slopes at Powder Ridge in Kimball, MN. Participants will be accompanied by parent volunteer chaperones as they enjoy a cozy coach bus ride to and from the resort & experience a day on the slopes.

90-573-Elementary DT (grades 4-5) 90-573-Middle School DT (grades 6-8) 90-573-High School DT (grades 9-12)

Mon., Jan. 25 8 am-5:30 pm Bus leaves from MHS

\$109 Basic
\$119 Basic + Lesson
\$145 Basic + Rental
\$155 Basic + Lesson + Rental





# Sports & Athletics

#### **Basketball** Ages 5-Grade 3

Designed for beginning to intermediate players, this class focuses on the skills you need both on and off the court to be a better athlete.

\$89

\$95

\$109

Skyhawks

Skyhawks

Skyhawks

Minnewashta Elem.

Clear Springs Elem.

Groveland Elem.

#### Ages 5-7

01-172-B2 Wed., Jan. 20-Feb. 10 3:30-4:30 pm

#### Grades K-3

01-172-B1 Tues., Jan. 19-Feb. 9 3:30-4:30 pm

01-172-B3 Thurs., Jan. 21-Feb. 11 3:30-4:30 pm

#### Tonka Basketball Academy

#### Grades 3-8

Sharpen your skills while school is out of session. This fun and engaging camp will teach the fundamentals and techniques of basketball for beginning to intermediate players.

#### Grades 3-5

01-136-TBA1 Mon., Jan. 25 10:30 am-12 pm

#### Grades 6-8

01-136-TBA2 Mon., Jan. 25 12:30-2 pm

## \$29 MHS \$29

MHS

#### **Flag Football** Ages 6-12

Join our non-contact recreational camp emphasizing individual skill development, game strategy, teamwork, character building and most importantly...FUN!

#### Ages 6-7

01-172-FL1 Sat., May 1-15 10:35-11:35 am

#### Ages 8-9

01-172-FL2 Sat., May 1-15 11:45 am-12:45 pm

# Ages 10-12

01-172-FL3 Sat., May 1-15 1-2 pm

\$95 Groveland Elem. Skyhawks

\$95 Groveland Elem. Skyhawks

\$95 Groveland Elem. Skyhawks

#### **Baseball**

#### Ages 5-10

Baseball prep camp! Get ready for the summer season with training and skill development focused on hitting, fielding, baserunning, and throwing.

#### Grades K-3

01-172-BASE3 Thurs., April 8-29 3:30-4:30 pm

#### Ages 6-9

01-172-BASE4 Thurs., April 8-29 6:30-7:30 pm

\$95 Excelsior Elem. Skyhawks

\$95 Excelsior Elem. Skyhawks

#### 6th-9th Grade Skipper Baseball Spring Training Camp Grades 6-9

This single-day camp is an opportunity for 6th-9th grade baseball players to be introduced to the Skipper way by Minnetonka High School Varsity baseball coach Paul Twenge and his staff. The camp will focus on the fundamentals of defense, positional play, hitting, and base running.

#### Grades 6-7

01-130-67 Mon., Feb. 15 9-10:45 am

Grades 7-8

01-130-78 Mon., Feb. 15 11 am-12:45 pm

#### Grades 8-9

01-130-89 Mon., Feb. 15 1-3 pm

\$45 MHS Tonka Dome Paul Twenge

\$45 MHS Tonka Dome Paul Twenge

\$45 MHS Tonka Dome Paul Twenge



#### Watch for information on spring middle school and high school sports in emails and **Peachjar including:**

- **Ultimate Frisbee**
- Middle School Boys and Girls Rugby
- **High School Boys and Girls Rugby**
- **High School Boys Volleyball**





# PLAY BALL in 2021!

# Registration opens January 1<sup>st</sup> at tonkasoftball.org

## **SLOWPITCH**

#### Competitive in-house recreational leagues focused on FUN, playing with friends, and improving skills. For pre-K through high school.

- Season runs April through June, including post-season tournament
- Optional competitive travel tournaments for 3rd grade and older

#### T-Ball (pre-K & K):

• Thursday and Sunday games

#### Machine Pitch (grades 1 & 2):

Salar Hand

Thursday and Sunday games +1 practice/week

# 10U, 13U and High School Slowpitch (grades 3-12):

• 2-3 games/week, including 1 doubleheader, +1 practice and 1 batting cage

(?) slowpitchdirector@tonkasoftball.org

## FASTPITCH

Competitive and developmental travel leagues. Weekend tournaments with local travel.

- Evaluations will be held in March
- Season runs April through July

#### 8U (birth year 2012, 2013):

- Introduction to fastpitch using pitching machine and modified fastpitch rules
- Commitment: 2 practices and 1 game night/ week, +3 weekend tournaments

#### 10U (birth year 2010, 2011):

 Commitment: 2 practices, batting practice and 1 doubleheader/week, +4 weekend tournaments

#### 12U (birth year 2008, 2009):

- Commitment: 2 practices, batting practice and 1 doubleheader/week, +5 weekend tournaments
- (?) fastpitchdirector@tonkasoftball.org

# For more information visit: tonkasoftball.org

# Martial Arts

#### Kung Fu - Wu Shu

#### Ages 5 and up

Join a fun, progressive, full-participation class and learn exercises that will strengthen your mind and body. Learn skills while building muscle, power, flexibility and agility. Improve your awareness, self-esteem and confidence. Winter Sessions take place Saturday mornings at Deephaven Elementary and Monday evenings at Excelsior Elementary. Full session schedules are available online. *No class Feb. 13, 15.* 

#### Tae Kwon Do

#### Ages 8 and up

Learn effective self-defense techniques and develop discipline, self-confidence, fitness and total health. Participants of all ages benefit from this traditional martial art.

21-656-W1 Wed., Jan. 6-27 6-7:30 pm

21-656-W2 Wed., Feb. 3-24 6-7:30 pm

21-656-W3 Wed., March 3-24 6-7:30 pm \$49 MCEC Fred Baker \$49

MCEC Fred Baker \$49

\$49 MCEC Fred Baker 21-656-W4 Wed., April 7-28 6-7:30 pm

21-656-W5 Wed., May 5-26 6-7:30 pm \$49 MCEC Fred Baker

\$49 MCEC Fred Baker

# First 7 Student



# DRIVE FOR US! Tonka Bay / Plymouth

# We will train you!

\$20.00+ /hr. to start!! \*\$3000 Hiring Bonus!\* (\$1500 earned during training!)

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# **Creating Connections in our Community**

Minnetonka Community Education (MCE) serves the lifelong educational, social and recreational needs of the entire community with year-round programming. From ECFE and preschool through elementary and high school and into adulthood, MCE offers programs, classes and events to expand knowledge, create experiences and make connections.

## 2021 Tonka Winter Chase

**Saturday, January 23, 2021** Teams of two will race through the challenging, exciting and chilly scavenger hunt course starting on the campus of the Minnetonka Community Education Center and exploring the beautiful city of Deephaven.

## Minnetonka Preschool Info Sessions

Virtual session Wednesday, January 20 at 6:30 pm In person sessions at MCEC Tuesday, January 26 at 6 pm and Saturday, January 30 at 9 am - Learn about 2021-2022 Preschool classes and wrap-around childcare options, tour classrooms and meet teachers.

## **Caring Youth Awards**

#### Nomination Deadline February 10, 2021

The Caring Youth Recognition salutes young people in grades 7-12 who have unselfishly involved themselves in a cause or activity benefiting others. Nominate a Minnetonka student here: bit.ly/cya2021

## Youth Ice Fishing Tournament

Saturday, February 22, 2021 Come out from 12:30-2 pm to test your ice fishing skills and your luck on the frozen waters of Carson's Bay; prizes will be awarded.

## Tonka Youth Triathlon

#### Saturday, May 15, 2021

This great community run, bike and swim event is open to all boys and girls in grades 2-8. See page 46 for more information.

